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Wick to carry the flag

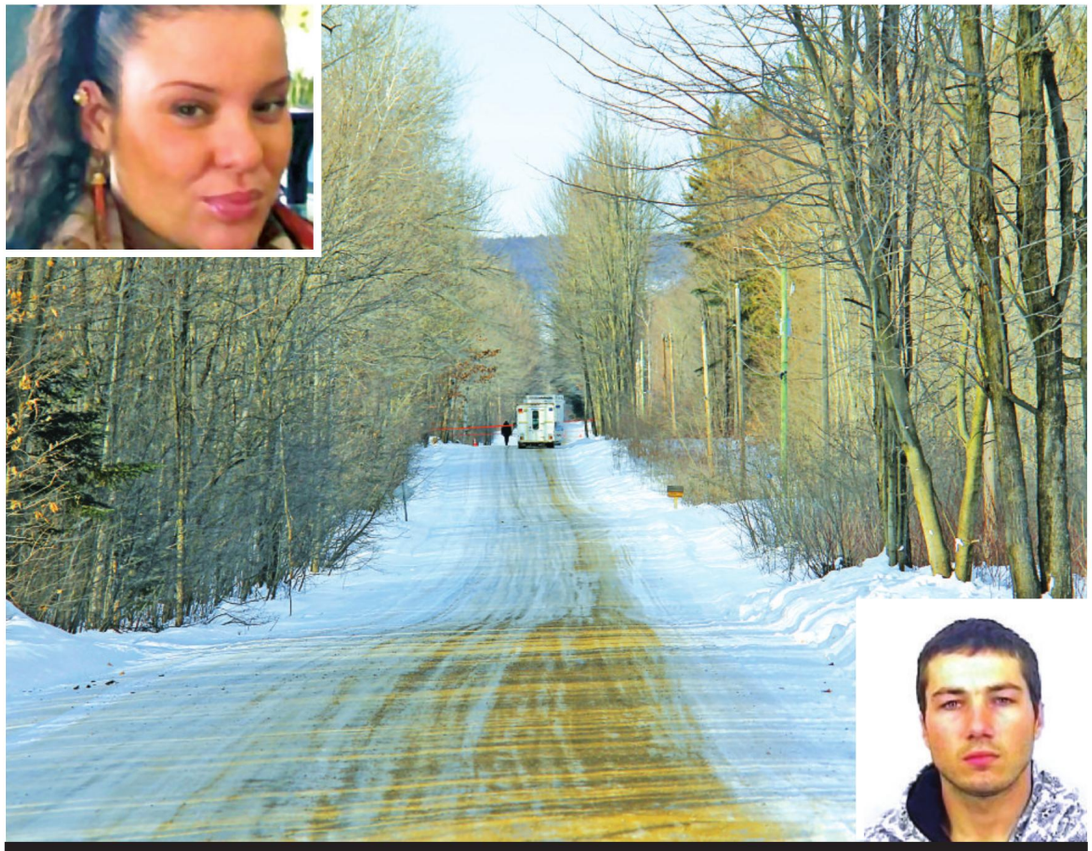
Hayley Wickenheiser, of the Canadian women's Olympic hockey team, to carry the Maple Leaf in Sochi PAGES 3 & 29

This movie is based on a true hustle

Seven politicians and five government officials were tricked and convicted in Abscam, with the help of a con artist, which American Hustle is based on PAGE 17

YOU WANT THAT SIGNED, OCIFFER?

BIEBS BOOKED IN FLORIDA FOR A STONED, DRUNKEN DRAG RACE IN A RESIDENTIAL HOOD, COPS SAY PAGE 8



MRC des Collines police blocked off a residential neighbourhood in Quyon, where the body of Tricia Boisvert, inset top left, was found Thursday. Police are looking for Philippe Steele-Morin, inset bottom right.

MAIN: LUCY SHOLEY/METRO, BOISVERT: FACEBOOK.COM, STEELE-MORIN: HANDOUT

A violent end in a quiet place

Quyon, Que. Residents shaken as Montreal woman's body discovered Thursday

LUCY SCHOLEY
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Police are still trying to track down the lead suspect in a homicide case after they found a body in west Quebec Thursday morning.

Philippe Steele-Morin, 30, is wanted as a suspect in the killing of Montreal resident Tricia Boisvert.

Boisvert's body was found in the woods of a rural residential neighbourhood near Quyon, Que. The 36-year-old had been missing since Jan. 17.

MRC des Collines police blocked off the area, as investigators from Montreal examined the scene. Police spokesperson Martin Fournel remained tight-lipped about many details of the investigation, but said it's a case with a lot of "twists." He said it's likely that more than one person was involved in the homicide. Two "people of interest" have been detained for interviews, he said.

Laurie Bretzlaff, who lives in the area, said it was "shocking and scary" to hear the news.

She told reporters it's a quiet area and her kids play outside.

"You move away from the city because you think the country's safe, but obviously it's not," she said.

Gatineau police say they have been searching for Steele-Morin since July 16, 2013. He was wanted in connection with a domestic violence case. The complainant in that case was not Boisvert.

He was charged with assault, motor vehicle theft, mischief and failure to comply with a probation order and his criminal record dates back further.

Fournel said Steele-Morin was also charged with carrying a loaded gun to a rave in Masham, Que. many years ago.

Steele-Morin is originally from Masham, near Wakefield, Que. but court documents say his most recent residence was in Gatineau.

Police said Thursday Steele-Morin's black Pontiac G6 was found in Ottawa.

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‘I’m just really proud’: Canada’s flag-bearer

An honour. Hayley Wickenheiser will be holding up the nation’s flag for Sochi Olympics

TREVOR GREENWAY
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Just four days after losing her captaincy of the Canadian Olympic Women’s hockey team, Hayley Wickenheiser was named as the country’s flag-bearer for the upcoming Winter Olympics in Sochi.

The Canadian Olympic Committee’s Chef de Mission Steve Podborski made the announcement Thursday morning in Ottawa, saying the five-time Olympian, “has demonstrated true Canadian grit, patriotism and sportsmanship.”

Wickenheiser wasn’t in Ottawa for the announcement, but appeared via video link.

“I think to be able to carry the flag for your country is symbolic of the fact that you’re not only representing your country, yourself, your hockey team and the greater (members) of the Canadian Olympic team, you’re also representing every Canadian around the world,” said Wickenheiser. “I’m just really proud and grateful for the chance.”

Wickenheiser downplayed any security concerns and confirmed that 11 of her friends and family — including her son, 13-year-old Noah Pacina will — be headed to the Games. Wickenheiser said she is “confident” the Russian government will keep everyone at the games safe. However, she recognized that Russia is a long way from Canada and said everyone needs to be “hyper vigilant.”

Pacina was all smiles talking about his mom’s honour on Parliament Hill and said he can’t wait to see her carry the flag during the opening ceremonies Feb. 7.

“She gets to be the face of Canada during this Olympic Games and I think if I was there, I would do it, too,” he said.

“That’s, like, pretty much the coolest thing you could do ever: Go to the Olympics and represent your country.”

The progress of the Canadian women’s team has been twisting and turning since long-time head coach Dan Church abruptly resigned in early December. His replacement Kevin Dineen didn’t take long to make changes, stripping Wickenheiser of the ‘C’ and giving it to Caroline Ouellette Sunday. Wickenheiser said the team has moved past the changes and is now focused on bringing home gold.

“We are doing everything we can to put ourselves in the best possible position to win the gold medal in Sochi,” she said.

“Whatever changes and tweaks we need to make to get our group in that place is what we are doing.”

The 2014 Winter Olympic Games begin Feb. 7.

Hayley Wickenheiser poses for a photo in St. Poelten, Austria, Thursday.
RONALD ZAK/THE ASSOCIATED PRESS

1 NEWS

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Vanier. Judge gives mom who abandoned kids to go party another chance

An Ottawa mom who abandoned her kids in a Vanier apartment while she went partying got a second chance Thursday when a judge delayed her sentencing hearing so she could find more suitable housing, seek treatment for her drug addiction and potentially avoid jail time.

Justice Peter Wright didn't buy the 25-year-old mom's story that a recently failed drug test was the result of second-hand drugs in her environment, but he nonetheless gave her a chance to right her life before sending her to jail.

The woman, who cannot be named, told Wright her last relapse was in March, but the place she was staying at was surrounded by narcotic use and some substances may have entered her system by accident. She said once she starts using drugs, she doesn't stop.

But Wright wasn't impressed with the excuse, saying he had "heard it all." He told her that if he were to sentence her today, she would be going to jail.

"I don't think you are coming to grips with the reality of your problem and if you don't do that, then I don't have a lot of alternatives," he told her.

The Crown is seeking jail time.

The woman pleaded guilty to child abandonment in November after neighbours reported hearing screams from the apartment in March of last year. When police arrived, they found three children aged 3, 2 and nine months, alone and in filthy conditions. The mom had been partying at a friend's house since the night before.

Wright delayed the hearing until March so the woman can seek more suitable permanent housing and treatment for drug abuse. TREVOR GREENWAY/METRO

Nothing's free, kids ... except skating in Ottawa on weekends

From left: Christopher Young, Julia Dicorato, and Kenny Niyongabire pose for a photo with Mayor Jim Watson at the Tom Brown Arena Thursday after RBC announced a new sponsorship agreement with the City of Ottawa. Under the new agreement, RBC will commit $200,000 over three years to support free public skating in 33 city arenas on Saturdays and Sundays from September to December and January to April. JOE LOFARO/METRO

Cops want range of opinions on Taser plan

CEWs. Before expanding the use of conducted energy weapons, police will reach out to array of community groups

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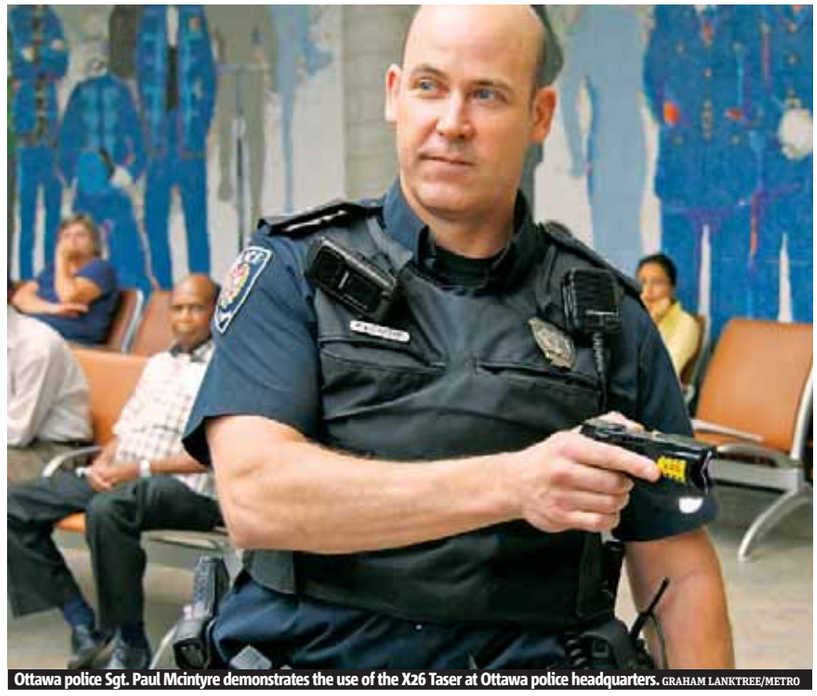

Ottawa police Sgt. Paul Mcintyre demonstrates the use of the X26 Taser at Ottawa police headquarters. GRAHAM LANKTREE/METRO

Mental health groups and the medical community at large will be some of the key stakeholders Ottawa police have in their sights as they embark on an extensive public consultation on expanded use of conducted energy weapons (CEWs).

The Ottawa Police Services Board is meeting on Monday evening to table a report outlining how exactly the police force should consult with the public on the prospect of arming more officers with CEW's — more commonly known as Tasers.

Ottawa Police Chief Charles Bordeleau has been championing in recent months the expanded roll-out of Tasers to as many as 300 more front-line officers.

On Nov. 25, the Ontario Ministry of Community Safety and Correctional Services revised its guidelines on use of force and expanded use of CEWs for police forces within the province.

Ottawa police are increasing de-escalation training and are revising its policy to require a use of force report to be submitted every time an officer draws or deploys a Taser, according to the Jan. 27 police services board report.

"While communication and de-escalation has always been a component in yearly training, the additional, focused training is intended to act as a refresher on dealing with people in crisis, including cases involving mental health issues, as well as introduce a model to assist officers in articulating why and how they dealt with an individual in crisis," reads a report for the Jan. 27 meeting.

The board says the Taser is one of the least lethal tools available to control an assaultive subject, particularly in situations where there is, "an imminent threat of serious bodily harm or death as well as suicide threats or attempts."

The February to March consultation will include online questionnaires, focus groups, community ride-alongs, and advertisements.

Supt. Uday Jaswal has been leading a team since December to review CEW deployment models. He said the "comprehensive" consultation is needed for the deployment to be effective.

"We were one of the first pilot sites in Ontario to test conducted energy weapons back in 2000," said Jaswal. "We have a fairly long history with the conducted energy weapons being used within our police service."

Bordeleau is expected to submit a final CEW report to the board in April.

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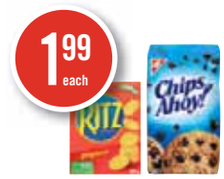

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Ottawa's HogsBack Brewing hopes to slay Dragons with bacon beer

'We were nervous as hell.' The brewing company owners were a bit on edge about their TV encounter

HogsBack owners Mark Richardson, left, Frank Costello, Jerry Demetriadis and Paige Cutland pitch their locally-crafted beer to the Dragons' Den last April. INSET: Dragon Kevin O'Leary samples some HogsBack Aporkalypse Now Oatmeal Bacon Stout. IMAGES CONTRIBUTED

Do Dragons like bacon-flavoured beer?

The owners of HogsBack Brewing Company in Ottawa sure hoped so, as they appeared on CBC's Dragons' Den last year to pitch their local brew. Fans of the CBC show will get to find out for sure next week when the show finally airs.

Co-owner Jerry Demetriadis can't reveal what the pitch was or if the Dragons bought into their product, as the episode doesn't air until later this month, but he did tell Metro that although his team showed up with a keg of their Aporkalypse Now Oatmeal Bacon Stout as well as their flagship vintage lager, the flowing spirits didn't take any edge off.

"I would say everybody is nervous going in to see the Dragons. They are five well-known business moguls, each with their own expertise in some area," said Demetriadis.

He added that it was fun for him and his partners Paige Cutland, Mark Richardson and Frank Costello to get their hair and makeup done in Toronto before the taping, even though his hair is only a few inches long,

He said they spent about 45 minutes with the Dragons, which include Jim Treliving, David Chilton, Arlene Dickinson, Bruce Croxon and Kevin O'Leary — who Demetriadis said is just as intimidating in person as he is on TV.

"Kevin (O'Leary) is Kevin, it's the way he is, I don't think he will ever change," said Demetriadis. "He is an arrogant guy, he knows his business and that's what he does for a living."

The Ottawa brewing company has been crafting award-winning local beer for over three years. The brew is sold in pubs from the nation's capital to London and available in all Ontario LCBO stores. Watch Dragons' Den Jan. 29 to find out if the Dragons like bacon in their brew.

TREVOR GREENWAY/METRO

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Ottawa sex shop moves to new digs in time to celebrate 13th birthday

Shelley Taylor knows how well sex sells.

It's been 13 years since she opened up Venus Envy sex shop and book store and there are no signs that the honeymoon phase is even close to over.

Taylor has just relocated to a more visible, more accessible shop on Bank Street downtown and hopes to entice lovers — both young and old — to waltz into her shop and browse around. Whether they are looking for toys, DVDs or even books, the small shop has it all.

"I know lots about sex," said Taylor, laughing. She has no sex-education background, but she's been in the business since opening the first Venus Envy in Halifax in 1998.

And if you've never been to a Venus Envy, your preconceptions of sex shops will quickly disappear. It's not a seedy shop with curtains covering the windows to hide customers from society. There is no secret room in the back for happy endings and the staff is mostly young, hip and want to talk about sex.

Venus Envy owner Shelley Taylor, left, and employee Kandace Price pose at the sex shop's new location on Bank Street downtown. TREVOR GREENWAY/METRO

The shop is geared towards sexual education, and Taylor has been breaking down the stigma since the late 90s.

"We use sex to sell everything, but we don't allow for people to have their own sexual desires unless they fit into an extremely narrow place," she told Metro at her new location Wednesday.

"So heterosexual, monogamy, thin, white, middle class sexual desires are fine, but the farther away you get from those ideas, I think the more potential of stigma and shame is involved in how people decide in how they have sex," she said.

The new space is smaller, but Taylor says it's more intimate. Better for the monthly art shows and writer's workshops that her store hosts.

Taylor is set to celebrate the Ottawa shop's 13th birthday with a bash at Babylon Nightclub Friday featuring local DJ CPI and Montreal-based selector The Salivation Army. Doors open at 10 p.m., with proceeds going to the Venus Envy Bursary Fund and the Families of Sisters in Spirit. Check out the website at www.venusenvy.ca/ottawa. TREVOR GREENWAY/METRO

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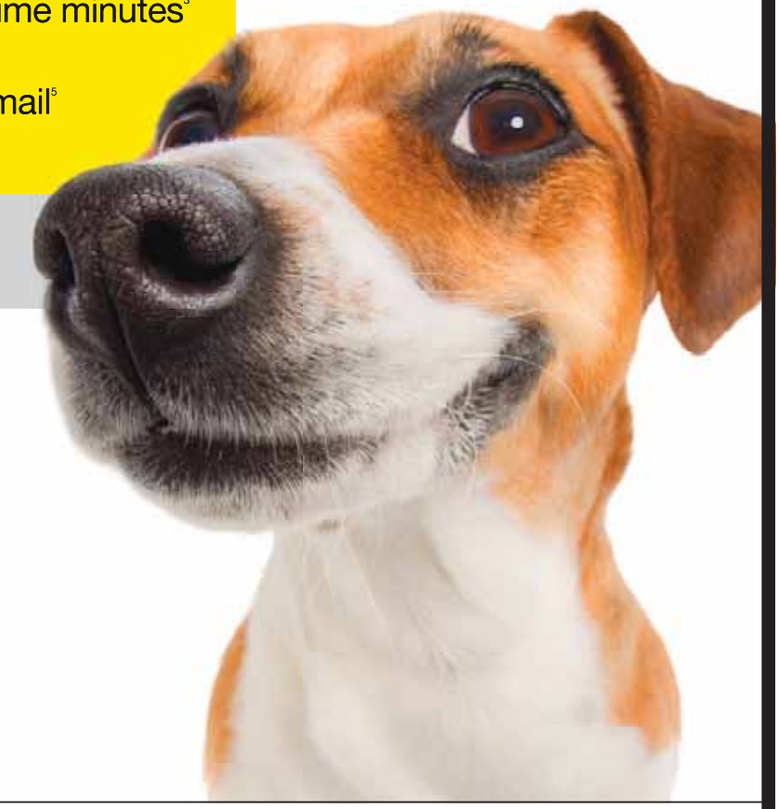

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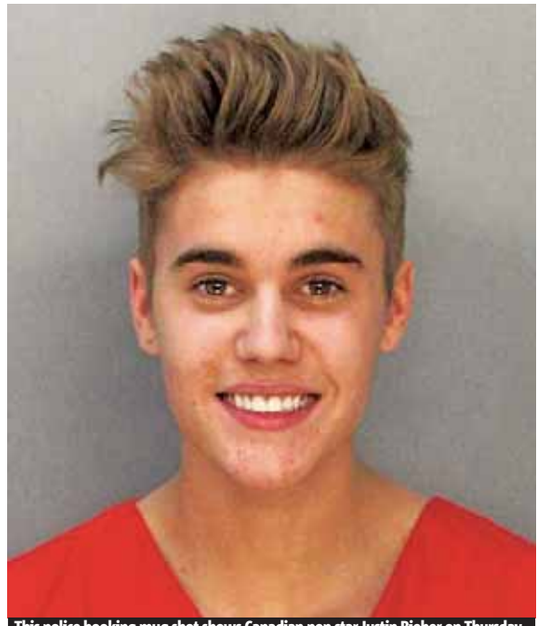
Bieber arrested, charged with DUI

Hard to Beliebe. A bratty teen pop star, alcohol, drugs, a yellow Lamborghini — what could go wrong?



This police booking mug shot shows Canadian pop star Justin Bieber on Thursday. Bieber was arrested for allegedly drag-racing on a Miami Beach street. Police say Bieber has been charged with resisting arrest without violence in addition to drag racing and DUI. MIAMI-DADE COUNTY JAIL/THE ASSOCIATED PRESS

When he debuted five years ago, Justin Bieber was a mop-haired heartthrob, clean cut and charming. But a series of troubling incidents have put his innocent image at risk, and none more so than his arrest on DUI charges Thursday.

Police say they arrested a bleary-eyed Bieber — smelling of alcohol — after officers saw him drag-racing before dawn on a residential street, his yellow Lamborghini travelling at nearly twice the speed limit.

The 19-year-old singer later admitted smoking marijuana, drinking and taking a prescription medication, police say. Unlike previous dustups, this arrest has him facing potential jail time.

Bieber was charged with DUI, driving with an expired licence and resisting arrest without violence. His Miami-Dade County jail mug shot showed the singer smiling in a bright red inmate jumpsuit, his hair still stylishly coiffed.

Bieber made his initial court appearance via a video link from jail. He remained silent while defence attorney Roy Black negotiated bond. Bieber's bond was set at $2,500.

Black, a high-profile lawyer whose clients have included Rush Limbaugh and William Kennedy Smith, said he thought the case would proceed "hopefully as any other case would" in light of Bieber's celebrity status.

Bieber left jail about an hour after his court appearance, popping through a window of his black SUV in a black hoodie and sunglasses to wave to crowds of reporters and young girls waiting to see him.

THE ASSOCIATED PRESS

So what could happen?

For a first DUI offence, there is no minimum sentence and a maximum of six months, a fine of up to $500, and 50 hours of community service.

Going down? Diners bored while waiting on Ford, who was stuck between floors

Toronto Mayor Rob Ford arrived more than an hour late for a lunch-hour speech to the Economic Club of Canada today, saying he had been stuck in an elevator for 45 minutes.

The president and CEO of the club said she was trapped in the same elevator with Ford.Rhiannon Traill said the group took a freight elevator to "avoid all the traffic" in the lobby.

Ford was "so calm and gracious" during the ordeal, Traill said, noting they discussed his speech and his campaign for re-election.

"Unfortunately, we were stuck in between floors so they couldn't get us out for a while," she said.

Despite their best efforts, the group wasn't able to alert event organizers of the reason for the delay, Traill said.

The mayor himself would not elaborate on what happened.

Several members of the business crowd left before Ford's arrival, with one saying he had too much work to do and couldn't wait any longer.

THE CANADIAN PRESS

Belgium

Dine-and-dasher discovered done-in

Authorities are investigating the death of a gastronomic freeloader as a possible murder. Two days after the father of Titus Clarysse found him dead in his apartment, investigators were looking on Thursday for suspects in a spokesperson called "a case of murder or manslaughter."

Clarysse was famed in and around the town of Ghent for walking into any restaurant of his choosing, ordering anything from steak to lobsters and walking out without paying.

THE ASSOCIATED PRESS

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Fatal fire ravages seniors' home in small Quebec town

L'Isle-Verte. Many residents were over 85, and all but a handful were confined to wheelchairs and walkers

Just six months after Canadians were rocked by the Lac-Mégantic tragedy, another Quebec town found itself waiting to learn how many people it had lost after fire ripped through a seniors' residence Thursday.

And just like in Lac-Mégantic, the destruction struck shortly after midnight.

The unsuspecting community this time was L'Isle-Verte, a town of only 1,500 people in Quebec's Lower St. Lawrence.

Provincial police have confirmed that at least five people are dead and 30 missing.

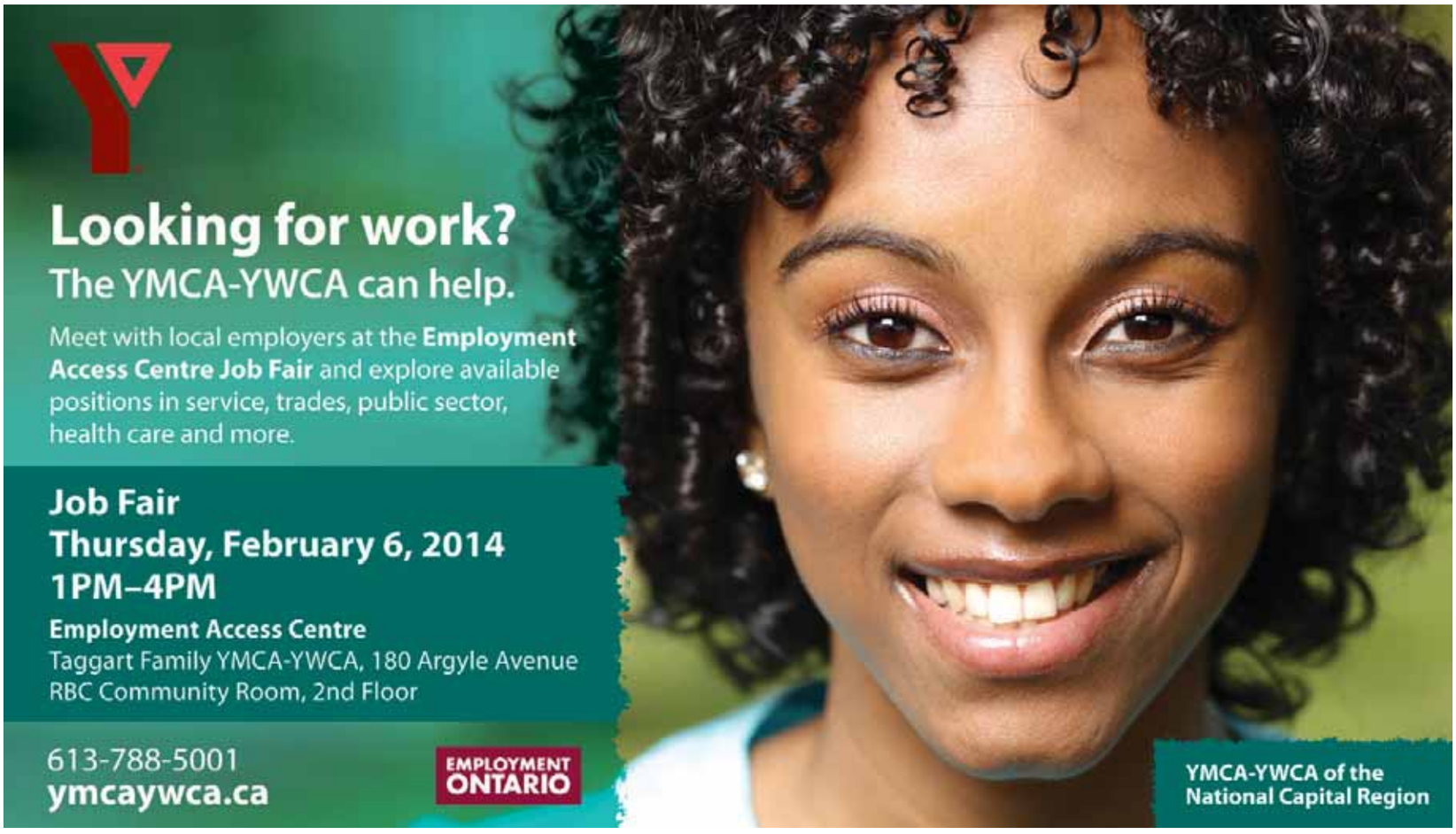
Parts of the Résidence du Havre had sprinklers, while others didn't. The local fire chief said sprinklers did go off, triggering the fire alarm and allowing firefighters to gain access to about one-third of the building.

Thursday's blaze erupted in the old part of the three-storey building, which a Quebec Health Department document from last July states was constructed of wood. The document also says the building had a fire alarm and that each room was equipped with a smoke detector.

Many of the residents were over 85 and all but a handful had limited movement, being confined to wheelchairs and walkers. At least three people were injured, although the extent of their injuries was unclear.

THE CANADIAN PRESS

Investigators and firefighters look over the rubble where fire destroyed a seniors' residence in L'Isle-Verte, Que., Thursday. RYAN REMIORZ/THE CANADIAN PRESS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Elementary, my dear Watson: Your password is 123456

Up your online security. You don't have to be Sherlock Holmes to crack most people's codes

STEVE SMITH
Metro World News

Passwords are a nightmare to remember but even so, we are incredibly bad at them. Research from password management company SplashData has discovered the majority of people undermine their security with easily guessed codes, and company CEO Morgan Slain highlights these failures.

Are we changing our habits at all?

The main trends are that short numerical passwords are continuing to show up, even though more sites are requiring stronger alphanumeric passwords. Passwords like "adobe123" and "photoshop" showing up from the Adobe breach highlight the risks of basing a password on the app or website you are logging into.

Stop doing this!

Research by SplashData found we are guilty of using easy-to-crack passwords:

- 9.8% of users have the passwords 123456 or 12345678
- 79% have a password from the top 500 passwords

How much are these bad passwords costing us?

This is really difficult to estimate.

Everything needs a password these days, how are we supposed to remember them all?

The simplest answer here really is to use a password manager like SplashID Safe. Otherwise, it's difficult or impossible to remember dozens of unique strong passwords. SplashID advises trying out a passphrase. Not enough people take advantage of this easy trick. One way to create more secure passwords that are easy to recall is to start using passphrases — short words with spaces or other characters separating them. It's best to use random words rather than common phrases. For example, "cakes years birthday" or "smiles_light_skip?"

Is caramel colouring in pop safe? FDA vows to find out

Coke and Diet Coke bottles sit on a store shelf in Miami. The U.S. Food and Drug Administration says there's no reason to believe that the colouring added to sodas is unsafe. But the agency is taking another look just to make sure. The agency's announcement comes in response to a study by Consumer Report showing 12 brands of soda have varying levels of 4-methylimidazole, an impurity found in some caramel colouring. GETTY IMAGES

How low can it go?

Loonie dives below 90 cents

The dollar pulled back further Thursday amid concerns about weakness in China's economy and recent comments from the Bank of Canada.

The dollar closed at 90.10 cents US after a decline of nearly a full cent Wednesday. Earlier Thursday, it traded as low as 89.35 cents US, the first time since 2009 the loonie has been below the 90-cent US mark. THE CANADIAN PRESS

Market Minute

DOLLAR 90.10¢ (-0.09¢)

TSX 13,932.97 (-55.23)

OIL $97.32 US (+$0.59)

GOLD $1,262.30 US (+$23.70)

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Are you living with allergic rhinitis?

If you are, an opportunity is now available to be part of a clinical research study.

Allergic rhinitis is a common reaction to allergens like dust mites. It can cause a number of annoying symptoms like itchy or runny nose, sneezing, irritated eyes, ears and sinuses. If you are one of the many people who live with allergic rhinitis, you may be eligible to participate in a clinical study of a new investigational therapy.

To be eligible for this study, a participant must:
- Be between the ages of 18 and 55
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- Have a history of persistent or intermittent allergic rhinitis and a positive allergy test to dust mites or other defined allergens

Women who are capable of becoming pregnant are not eligible for this study. People who smoke will also be excluded.

Qualified participants will receive study drug or placebo (an inactive substance) and study-related care at no cost. You will also be compensated for your travel expenses.

If you or someone you know has allergic rhinitis and would like more information about this study contact: Ottawa Allergy Research, Ottawa ON – 613-725-2102 Ext 248

HAVE TO BE BUZZED TO BELIEB

THE METRO LIST

Mike Benhaim
metronews.ca

Firmly settled into the new year, with the brisk winter upon us, we watch our resolutions crumbling by the hour. There remains a buzz, no longer of holiday cheer or annoying relatives, but of social media exploding with up-to-the minute news that matters most. Here are some of the items trending highest in this week's Twittersphere.

1 **The puppy that lost its way.** This week's top hashtags were #JustinBieber and #DUI. People forget that this is just a normal 19-year-old boy, experimenting with drugs, sex and cars. Is it his fault he just happens to have access to the very finest of all three? But he'll be OK, because just like an adorable little puppy, he can poop right on your shoes, and look at you innocently, as if to say, "Wanna rub my belly?"#WeWillAlwaysSupportYouJustin.

2 **Dennis Rodman.** The surest way for a celebrity (and I use the term loosely here) to trend high is to check into rehab. But this former NBA bad boy was already under fire for his relationship with Kim Jong-un, and compounded it by going nuts in a satellite interview (from North Korea) with CNN anchor Chris Cuomo. Nothing gets folks a-tweetin' like a rant so incoherent, it's incomprehensible to two cultures simultaneously. What's the Korean word for "huh?"

3 **Hilton-grooven.** Her audacious claim that she was "one of the top 5 DJs in the world" ignited online controversy until Paris Hilton explained that she was merely one of the top five "HIGHEST PAID DJs..." What followed was a global DJ community left in a silent state of melancholy introspection.

4 **Really, Rob?** Toronto's mayor revived his dwindling buzz with footage of yet another drunken jabberfest earlier this week. Reporters were unable to focus on budget-related questions after seeing him rant in faux-Patois at the Steak Queen restaurant. So much for getting "enough to eat at home."

5 **Greatest game ever, dude.** The Super Bowl always ranks high in online chatter, but this year features Seattle versus Denver, and takes place in New Jersey, where constituents just re-elected Gov. Chris Christie. So it's hard to gauge whether trending is due to the NFL's huge fan base, or the fact that everyone is stoned. One thing's for sure: Announcers will have to speak very slowly.

6 **Tennis, anyone?** Eugenie Bouchard became the first Canadian to advance this far in the Australian Open, but apparently that's not as interesting as her crush on Justin Bieber, according to the latest Twitter trend #GenieArmy.

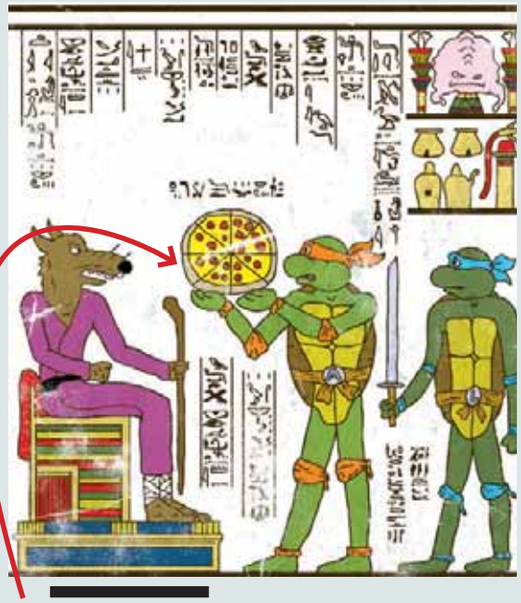
7 **In the wrong business.** Not on the list just yet, but on the topic of trends, iconic Canadian men's fashion chain Harry Rosen celebrates its 60th anniversary this coming month. I take a moment to reflect back on the memory of all of the contemporary brand-name fashions I was never able to afford, and still can't.

8 **Time well spent.** This week's highest-ranking online subject went to Oxfam's report that the world's 85 richest people have as much wealth as half of Earth's population. What they don't tell you is that it's because the bottom half spends the majority of their time tweeting and posting selfies on Instagram. The other 85 are shopping at Harry Rosen as we speak.

Follow The Metro List on Twitter @TheMetroList

ZOOM

Hero-glyphics are a Marvel to behold



COURTESY JOSHLANEDESIGN.COM

TV icons star in ancient artwork

An artist has transported superheroes into a world of sacred myths, by drawing them in hieroglyphics. In his series Hero-glyphics, Josh Lane blends our favourite TV and comic-book characters — from Star Trek and Teenage Mutant Ninja Turtles to X-Men (not pictured) — with the ancient Egyptian art form. METRO

Q and A

Accidental genius

JOSH LANE
Graphic designer and illustrator, 27, from Kansas City, Mo.

What was the inspiration for the superheroes?

I tend to read very fast, which is usually a curse, but one time I read the word "hieroglyphics" as "hero-glyphics." Immediately I started daydreaming about the possible hero scenarios and combinations.

In a world where the Egyptian gods could fight Marvel superheroes, who would win? Osiris and Anubis, or the X-Men?

The X-Men for sure, because they are a team. I could see the Egyptian gods fighting each other for power, leaving an opportunity for the X-Men to strike.

Clickbait

GETTY IMAGES

Deciding where you want to eat can be tough, even before those pesky hunger pangs kick in. So if you want to find a restaurant quickly, and also give the impression you are a gastronomical crackerjack, check out these apps.

Foodspotting:

This app knows that you eat with your eyes first. It lets you view photos of various dishes arranged by best, latest and nearest to you that have been uploaded by other patrons. Once you've found a drool-worthy dish, you can access the restaurant's info.

Open Table:

You can take advantage of your co-ordinates to find a restaurant and reserve a table. There are other auxiliary features such as searching restaurants by name, the interactive map, and you can also access restaurant info via a link to the site.

Vegout:

It lets you find vegetarian/vegan/vegetarian-friendly restaurants based on your location. The only drawback is it doesn't allow you to type in a specific restaurant.

Twitter

@metropicks asked: A stall with 2 toilets at a Sochi stadium has left many flushed. What is the strangest toilet set-up you have seen?

@nicolemartelle: 2 toilets in one stall (the stall connecting wall was torn down) in high school. fixed it after 2 days

@kokoskag: I have seen the double toilet set up in NFLD. Didn't look as nice as this though!

@strangerob: 3 seat thunderbox on several ftx, or possibly the latrine in Ft Lewis that had something like 6 toilets in a row.

@Dweller15: it's not new and not funny,take a look internet full of that crap

@beccawhite1984: that would be great if you have kids. They usually have to go at the same time.

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
Send us your comments: ottawaletters@metronews.ca

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Synopsis

I, Frankenstein, Aaron Eckhart's martial arts update of the famous Mary Shelley story, wasn't screened for the press in time to meet our deadline, so after a long conversation with our editor the Reel Guys have decided to do a column on Eckhart's oeuvre. At least that's how we see it. Our boss has a different idea. "As your editor I demand a thorough dissection of Eckhart's abs," she wrote before adding: "More than pretty, Eckhart is." What follows is our humble attempt to mix cinematic business with our editor's pleasure.

Aaron Eckhart in a scene from I, Frankenstein. Metro's movies editor digs Eckhart's physique, but the Reel Guys say there's more to him than abs and cleft. CONTRIBUTED

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Why we love Aaron Eckhart

A-lister. He's got the acting chops ... and that cleft. So why isn't he a household name?

Richard: Mark, Aaron Eckhart isn't exactly a household name, but he has appeared in some very big movies. He's the only live-action actor in the Batman films to play both Harvey Dent and his villainous alter-ego Two-Face. The Dark Knight is by far and away his biggest hit, followed by his star-making turn in Erin Brockovich. But despite those box office busters we don't talk about the handsome actor in the same breath as A-listers like Cruise, DiCaprio or Smith. He has the above-mentioned abs and is versatile enough to star in everything from video game action movies like Battle: Los Angeles to hardcore dramas like Rabbit Hole and yet doesn't get the same recognition as many of his peers. What's your take on him?

Mark: You mean the cleft that walked like a man? I could probably fit my grad thesis in there! Eckhart exploded onto my radar with two films he did in the late '90s, both by the cynical playwright Neil LaBute: In the Company of Men, and Your Friends & Neighbors. In both films he plays despicable, almost un-watchably misogynistic men. The key word here is almost. As rotten as he behaves in these movies, there's an inchoate grace under the surface that redeems the characters, and it's a testimony to his acting skills that he can keep us watching. And that cleft.

RC: Some like the cleft, some the abs. I like his versatility. In a year span between 2010 and '11 he released three very different movies. In Rabbit Hole, he and Nicole Kidman were a couple trying to deal with the death of their four-year-old son. They are at different stages of their grief, but they share a couple of things: a terrible sense of loss and an inability to know how to deal with it. Terrific stuff. Next was the alien invader movie Battle: Los Angeles followed by The Rum Diaries where he played a slick PR person. Three different movies and three very different performances. Maybe we have a hard time defining him because he constantly does wild career flip-flops.

MB: Or because there's an opacity to him that allows him to play so many compromised characters, allowing us to project our feelings onto him. Look at one of his finest roles, as the tobacco lobbyist in Thank You for Smoking. He's so slick, so shifty, we don't judge him, precisely because we don't really know him. A quality that's great for an actor, but less so for a movie star. I really liked him in Rabbit Hole and Rum Diaries, too, but his mainstream work doesn't register with me as much. Except for his cleft.

RC: He's made a number of movies I wouldn't recommend for the big screen but work well enough as rotentals. Two action films, Erased and Suspect Zero, are very VOD friendly and feature many cleft hero shots.

MB: Or two romantic comedies that would have been disastrous without him: No Reservations and Love Happens. He doesn't do nude scenes in them, though, because in close-up you couldn't tell if it were his backside or his cleft.

Classics get reeled into the digital era

Great Digital Film Festival. Check out your favourite films in a fine new format

CHRIS ALEXANDER
scene@metronews.ca

With celluloid withering as the cinema-screening media of choice, the digital revolution is not only here to stay, it is — dare we say — superior to its sprocket-dependent predecessor. Purists be damned, with digital projection you don't get colour fades, melted frames, strip breaks or foreign hairs dancing in the corners of the screen.

If you want to watch your favourite movies and experience them in a state of rebirth, digital is quite simply the way to go.

The iconic exhibitors at Cineplex have embraced this change, hence the latest installment in their annual Great Digital Film Festival, returning January 31st to February 6th to select Cineplex screens across Canada. Over 20 celebrated classics of cinema, from superhero gems to cult oddities to action blowouts are unspooling (so to speak) this round and while all are solid draws, Metro has selected a handful of pictures that are essential HD viewing experiences.

Planet of the Apes CONTRIBUTED

Planet of the Apes (1968)

It doesn't get much better than this retro-future shock masterpiece, in which Charlton Heston plays an astronaut jettisoned back to the primal future where simians hold court and humans are livestock and worse. A brilliant nightmare that spawned an entire subculture is exhibited here in a gorgeous, crisp transfer.

Brazil (1985)

Terry Gilliam's surrealist dystopian mind-bender has no peer, with kinetic visuals, wild-eyed performances (including a hilarious turn by Robert De Niro) and social commentary smashed into one mad, mad movie. A must-see.

Logan's Run (1976)

Join Michael York and Jenny Agutter as lovers on the run in a beautiful, abstract and distinctly '70s-centric future where the government allows each citizen 30 years of life before they are ritualistically executed. The film is a landscape of blown out whites and becomes an all-consuming environment on the big screen.

FOR A COMPLETE LIST OF FILMS, SCREENING TIMES AND PARTICIPATING THEATERS VISIT CINEPLEX.COM/

Batman (1989)

Michael Keaton as Batman CONTRIBUTED

Tim Burton's original venture into Dark Knight territory has aged beautifully — Prince music notwithstanding — and balances camp, noir and psychodrama with aplomb. Stylish and eccentric, with rich blacks, blues and browns that are deftly drawn out in digital.

Penn State sex-abuse documentary gets blessing

The filmmaker behind the new documentary about the Penn State sexual-abuse scandal says that both the family of Joe Paterno and the lawyer for the victims expressed satisfaction with the film.

"To have total polar opposite perspectives feel a sense of gratification that the film represents their perspective accurately is really something I am proud of," said documentarian Amir Bar-Lev in an interview at the Sundance Film Festival, where Happy Valley premiered.

Bar-Lev screened the film for Joe Paterno's widow, Sue, his two sons, Scott and Jay, and attorney Tom Kline before it premiered. All appear in the film.

Happy Valley explores the case that engulfed the town of State College, Penn., where Penn State is based and which is also known as Happy Valley.

Now a convicted serial child-molester, Jerry Sandusky, the former Penn State assistant football coach, was then accused of molesting children, and key people, including former head coach Paterno, were said to have turned a blind eye.

Paterno died with a tarnished image and the town was rocked by their fallen saints.

Quoted

"I felt it was important to share my perspective as a survivor in this documentary.... After seeing the film, I am hopeful that it will help people understand some of what I have gone through."

Matt Sandusky, son of Jerry Sandusky, who was listed as a defence witness at his father's 2012 trial, but he did not take the stand. Instead, he disclosed through lawyers that he had also been abused.

Jerry Sandusky did not speak for the movie, but his son Matt Sandusky did. To get Matt Sandusky to agree to participate in the documentary, Bar-Lev assured him the movie wouldn't solely rely on the stories of Sandusky or Paterno.

"Convincing him was really about sitting down with him and telling him that this film was called Happy Valley, not Sandusky or Paterno. It was from that meeting that he said yes and agreed to an interview with no stipulations," said Bar-Lev. **THE ASSOCIATED PRESS**

Happy Valley explores the case that consumed State College, Penn. CONTRIBUTED

The story behind American Hustle

Abscam. If you want to con some corrupt politicians, you had better recruit a professional hustler

ELISABETH BRAW
Metro World News in New York

Christian Bale's character Irving Rosenfeld is loosely based on Mel Weinberg, a fraudster who cooperated with the FBI. CONTRIBUTED

American Hustle, the Golden Globe-winning film and Oscar hopeful, is based loosely on Abscam, an FBI sting operation that caught public officials doing very bad things with the help of a con man Mel Weinberg.

"Weinberg, even at age 90, has a great ability to make money off people," said Robert Del Tufo, the United States Attorney who prosecuted the Abscam case.

Weinberg, who worked as consultant on American Hustle, was originally arrested by the FBI for some shady business. In order to evade a prison sentence, he agreed to cooperate with the Bureau.

"When I took over the Long Island office, I told all our agents, 'Get informants or I'll send you to New York,'" explains John Goode, the FBI agent who led Abscam.

"One of our agents had problems finding informants, so I hooked him up with Mel (Weinberg)."

That turned out to be one of the FBI's most productive partnerships ever.

"The case started when the FBI was beginning to use undercover agents and informants in a more systematic fashion," explains Dr. John Fox, the FBI's historian. "The investigations would begin with lower-level criminals, like Mel Weinberg, to get to higher-up ones."

Weinberg and his FBI partners started by doing "small things, like stolen property", as Goode says. The agent quickly recognized Weinberg's potential, and Weinberg's shady dealings led further and further.

Along the way, Goode realized that there were plenty of corrupt politicians, not just in New Jersey but in Washington as well. "It's unbelievable that such things were happening," Goode reflects. "But what's happening today is a hundred times worse."

In a nerve-racking act of the highest order, agents posing as Karim Abdul Rahman, a fictitious sheik, offered the lawmakers cash in return for political favours. "Mel was a magnificent con artist," explains Goode. "He had this amazing ability to trick people."

Abscam still stands out for its audaciousness, and according to Goode, trying to ensnare crooked lawmakers is far worse than investigating organized crime: "Organized criminals are much more decent than politicians. The politicians attacked us personally, but organized criminals only attacked us on the facts."

Abscam

- **What was it?** An FBI sting operation started in 1978 that investigated corruption of U.S. officials. The FBI used convicted con Melvin Weinberg to weed out officials.
- **How it happened.** In order to entrap officials, the FBI formed a fake company called Abdul Enterprises Ltd. as a front for the investigation and set up videotaped meetings between a fake Arab sheik named Abdul Rahman (played by an FBI agent) and officials.
- **Result.** The sting operation led to the conviction of a U.S. senator, six members of Congress and other officials.
- **But.** Robert Del Tufo says many more officials could have been brought to justice. "The investigation was not well handled, and Weinberg and (FBI agent) Amoroso were never properly supervised. Weinberg coached the targets on what they should say in front of the (hidden) camera."

Drama

The Invisible Woman

Director. Ralph Fiennes

Stars. Felicity Jones, Ralph Fiennes

Felicity Jones is a revelation as Nelly Ternan, a 17-year-old seduced by Fiennes' middle aged and married Charles Dickens in 1857. Dickens forced her into the shadows and while little is known of the romance (they burned all letters) Fiennes has created a compelling, no nonsense portrait of a woman in pain. Ternan seems older than her years while the self-absorbed Dickens seems young for his. The film's tone is tasteful and restrained, verging on chilly.

ANNE BRODIE

Drama

Whitewash

Director. Emanuel-Hoss Desmarais

Stars. Thomas Haden Church

The action begins with an event that shapes the remainder of Bruce's (Thomas Haden Church) life. His wild, drunken bulldozer ride through town leaves a man (Marc Labreche) dead. Panicked, Bruce hides the body in a snow bank and hightails it for the deep woods to avoid police and pull his head together. Church is in every scene and delivers an extraordinary, minimalist performance, subtly riding the lines between sanity and insanity, between redemption and survival, leaving the viewer off balance.

RICHARD CROUSE

Action

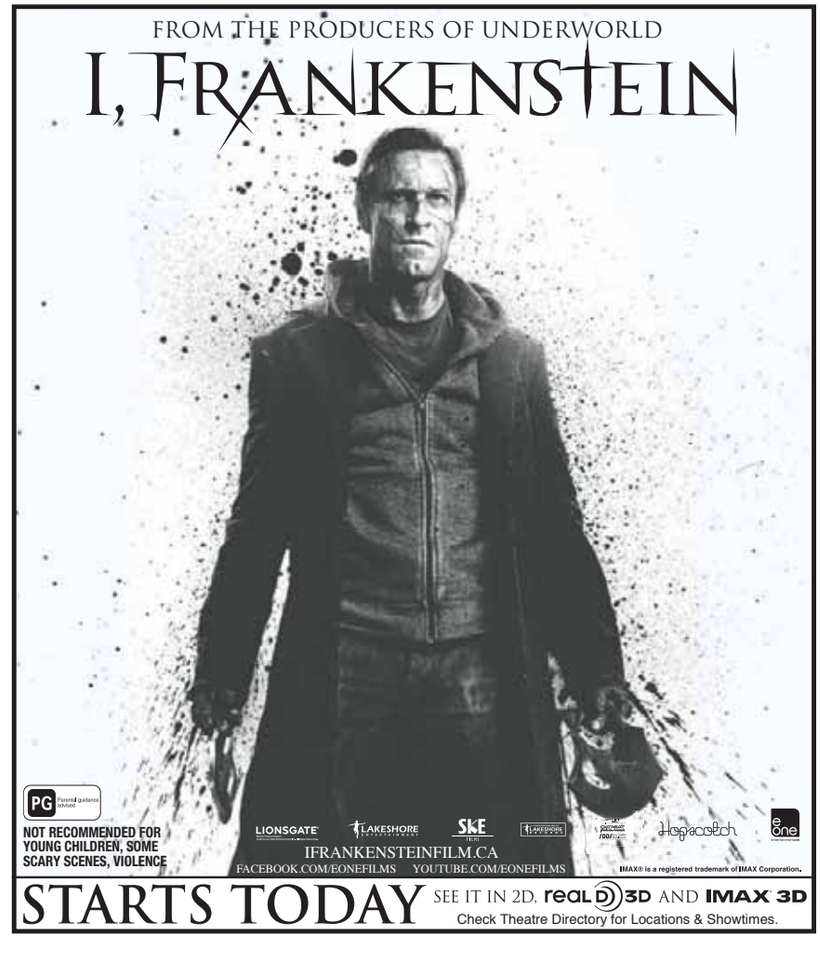
Ice Soldiers

Director. Sturla Gunnarsson

Stars. Dominic Purcell, Adam Beach

Fifty years after the Cuban Missile Crisis, three genetically modified Russian super soldiers are found frozen (but alive) far in the Canadian North. These Cold War-era killers are on a mission to launch a terrorist attack on New York City, but the burly scientist who defrosted them is determined to make sure that never happens. It's not the preposterous premise, the half-baked plot developments, or even the clichéd characters that makes this film unbearable to watch, it's all of these elements combined.

REGAN REID



THESE PAGES COVER MOVIE START TIMES FROM FRI., JAN. 24 TO THURS., JAN. 30 TIMES ARE SUBJECT TO CHANGE.

Bytowne Cinema
325 Rideau St.

August: Osage County (14A) Fri 6:30 Sat 9:10 Sun 1:01-6:15 Mon 4:01 Tue-Wed 6:40
Blue Jasmine (14A) Fri 4:45 Sat 2:04 Sun 8:55
The Invisible Woman (PG) Fri 9:15 Sat 4:15-6:40 Sun 3:45 Mon 6:40 Tue 9:20 Wed 4:15-9:20
No Films Showing Today (STC) Thu
The Seventh Seal (STC) Mon 9:05 Tue 4:30

Canadian Museum of nature
240 McLeod St.

Flying Monsters 3D (G) Fri-Thu 12-2:30-3:40
Flying Swords of Dragon Gate 3D (14A) Fri-Thu 12:35-3:05
Penguins 3D (STC) Fri-Thu 10:30-1:10 Fri-Thu 11:15-1:50

Coliseum Ottawa
3090 Carling Ave.

American Hustle (14A) Fri-Sat 12:50-3:55-7:05-10:10 Sun 12:50-3:55-10:10 Mon-Wed 3:55-7:05-10:10 Thu 3:55-10:10 Star & Strollers Screening Thu 1
August: Osage County (14A) Fri-Sun 1:20-4:20-7:10-10:15 Mon-Wed 4:20-7:10-10:15 Thu 1:15-4:20-7:10-10:15
Devil's Due (14A) Fri-Sun 1:50-4:10-6:50-9:30 Mon-Wed 4:10-6:50-9:30 Thu 1:15-4:10-6:50-9:30
Frozen (G) Fri-Sun 1:15 Thu 1:20
Frozen 3D (G) Fri-Thu 4-6:45
Her (14A) Fri-Thu 4:50
The Hobbit: The Desolation of Smaug 3D (PG) Fri-Sun 1:10-8 Mon-Wed 8 Thu 1:10-8
The Hunger Games: Catching Fire (PG) Fri-Thu 9:40
I, Frankenstein 3D (PG) Fri-Sun 12:55-3:20-5:45-8:15-10:45 Mon-Wed 5:35-8:05-10:35 Thu 1:35-5:35-8:05-10:35
Jack Ryan: Shadow Recruit (PG) Fri-Sun 1:40-4:40-7:30-10:30 Mon-Wed 4:40-7:30-10:30 Thu 1:30-4:40-7:30-10:30 Star & Strollers Screening Thu 1
Jai Ho (STC) Fri-Sun 12:30-3:40-7-10:10 Mon-Thu 3:45-7-10:10
Lone Survivor (14A) Fri-Sun 1:30-4:30-7:20-10:20 Mon-Wed 4:30-7:20-10:20 Thu 1:10-4:30-7:20-10:20
National Theatre Live: Coriolanus (STC) Thu 7
The Nut Job (PG) Fri-Sun 1 Thu 1:20
The Nut Job 3D (PG) Fri-Sun 3:15-5:30-7:45-10 Mon-Thu 5:30-7:45-10
Ride Along (14A) Fri-Sun 12:30-3:10-5:40-8:10-10:40 Mon-Wed 5:20-7:50-10:20 Thu 1:25-5:20-7:50-10:20
The Wolf of Wall Street (18A) Fri-Sat 12:40-4:45-8:45 Sun 12:40-4:45 Mon-Wed 4:45-8:45 Thu 4:45
WWE Royal Rumble - 2014 Sun 8 ET / 5 PT

Mayfair Theatre
1074 Bank St.

About Time (14A) Fri-Sat 7 Sun 6:30
I Am Divine (STC) Wed-Thu 9
John and the Missus (STC) Tue 9
Life of Brian (R) Mon 6
On Her Majesty's Secret Service (PG) Sun 3:30 Mon 8
Our Man in Tehran (PG) Tue-Thu 7
Return to Nuke 'Em High: Volume 1 (STC) Fri-Sat 9:45 Sun 9

Rainbow Cinemas
St. Laurent Centre
1200 St. Laurent Blvd.

The Book Thief (PG) Fri-Thu 10:10-7:20
Captain Phillips (14A) Fri-Thu 3:40-9
Cloudy With a Chance of Meatballs 2 (G) Fri-Thu 12:50-3-5:10
Dallas Buyers Club (18A) Fri-Thu 10:30-1:10-6:30
Delivery Man (PG) Fri-Thu 10:20-7-9:10
Diana (PG) Fri-Thu 10:40
Free Birds (G) Fri-Thu 10-2:30-4:30
Inside Llewyn Davis (14A) Fri-Thu 12:10-6:40-9:05
Nebraska (PG) Fri-Thu 4:10-9:15
Thor: The Dark World (PG) Fri-Thu 1:20-6:50
Walking With Dinosaurs (PG) Fri-Thu 12:30-2:40-4:50

South Keys
2214 Bank St.

American Hustle (14A) Fri 10:20-1:10-4:05-7-10:05 Sat 1:10-4:05-7-10:05 Sun-Thu 10:20-1:10-4:05-7-10:05
August: Osage County (14A) Fri-Thu 10:25-1-3:50-6:45-9:30
Devil's Due (14A) Fri-Thu 10:35-12:55-3:10-5:30-7:50-10:20
Frozen (G) Fri-Thu 10:55-1:35
Frozen 3D (G) Fri-Thu 4:35-7:10
Giselle From the Royal Opera House (STC) Mon 7
Her (14A) Fri-Thu 12:40-3:45-6:50-9:45
The Hobbit: The Desolation of Smaug 3D (PG) Fri-Thu 10:40-1:50-5:10-8:30
The Hunger Games: Catching Fire (PG) Fri-Wed 10:50-1:55-5:05-8:20 Thu 10:50-1:55
I, Frankenstein 3D (PG) Fri-Thu 12:25-2:50-5:15-7:45-10:15
Jack Ryan: Shadow Recruit (PG) Fri-Thu 11:30-2:05-4:40-7:15-9:50
Lone Survivor (14A) Fri-Sun 10:30-1:15-4:10-7:05-10 Mon 10:30-1:15-4:10-10:20 Tue-Thu 10:30-1:15-4:10-7:05-10
National Theatre Live: Coriolanus (STC) Thu 7
The Nut Job (PG) Fri-Thu 10:45-12:50
The Nut Job 3D (PG) Fri-Thu 3-5:20-7:30-10:10
Saving Mr. Banks (PG) Fri-Thu 9:55
The Smurfs (G) Sat 11
The Wolf of Wall Street (18A) Fri-Thu 12:30-4:20-8:10

Canadian Museum of Civilization
100 rue Laurier

Grand Nord (STC) Sat 4 Tue-Thu 4
Great North (STC) Fri 2-5 Sat 2 Sun 2-5 Mon-Wed 2 Thu 2-5
Jerusalem (STC) Fri 11-6 Sat 11-8 Sun 11-6 Mon 12 Tue-Wed 11-6 Thu 8
Jérusalem (STC) Fri 4-8 Sat 6 Sun 4 Wed 4 Thu 6
Kenya 3D: Animal Kingdom (STC) Fri 12-3 Sat 12-3-5-7 Sun 12-3 Mon 11-1 Tue 12-3-5-7 Wed 12-3-5 Thu 12-3-7 Fri 1-7 Sat-Sun 1 Tue 1 Wed 1-7 Thu 10
L'Express des Rocheuses (STC) Thu 1
Rocky Mountain Express (STC) Thu 11

Cinéma Aylmer
400 boul. Wilfrid-Lavigne

Dallas Buyers Club (13+) Fri-Sun 12:40-3:10-6:40-9:10 Mon 6:40 Tue 12:40-3:10-6:40-9:10 Wed-Thu 6:40-9:10
Jack Ryan: Shadow Recruit (13+) Fri 3:20-7-9:20 Sat-Sun 1-3:20-7-9:20 Mon 7 Tue 1-3:20-7-9:20 Wed 9:20 Thu 7-9:20
Lone Survivor (13+) Fri-Sun 12:50-3:20-6:50-9:20 Mon 6:50 Tue 12:50-3:20-6:50-9:20 Wed-Thu 6:50-9:20
Ride Along (13+) Fri-Sun 1:10-3:30-7:10-9 Mon 7:10 Tue 3:30-7:10-9:30 Wed-Thu 7:10-9:30
À travers le temps (G) Wed 7

Gatineau 9
120 boul. de l'Hôpital

La grande beauté (STC) Fri-Sun 12:45-3:40-6:45-9:30 Mon 6:45-9:30 Tue 12:45-3:40-6:45-9:30 Wed-Thu 6:45-9:30
Le Hobbit: La désolation de Smaug (G) Fri-Sun 12-3:15-8:45 Mon 8:45 Tue 12-3:15-8:45 Wed-Thu 8:45
Hunger Games: L'embrasement (G) Fri-Thu 9:15
Il était une fois les boys (G) Fri-Thu 6:30
Jack Ryan: Recrue dans l'ombre (13+) Fri-Sun 12:50-3:20-7:20-9:45 Mon 7:20-9:45 Tue 12:50-3:20-7:20-9:45 Wed-Thu 7:20-9:45
L'héritier du Diable (13+) Fri-Sun 1:20-4-7:05-9:10 Mon 7:05-9:10 Tue 1:20-4-7:05-9:10 Wed-Thu 7:05-9:10
Le loup de Wall Street (16+) Fri-Thu 8:30
Moi, Frankenstein (G) Fri-Sun 1:05-3:30-7:15-9:40 Mon 7:15-9:40 Tue 1:05-3:30-7:15-9:40 Wed-Thu 7:15-9:40
Moi, Frankenstein 3D (G) Fri-Sun 11 Tue 11
Opération noisettes (G) Fri-Sun 1 Tue 1
Opération noisettes 3D (G) Fri-Sun 3:10-6:30 Mon 6:30 Tue 3:10-6:30 Wed-Thu 6:30
La reine des neiges (G) Fri-Sun 3-6:40 Mon 6:40 Tue 3-6:40 Wed-Thu 6:40
La reine des neiges 3D (G) Fri-Sun 12:30 Tue 12:30
Le seul survivant (13+) Fri-Sun 3:05-9:35 Mon 9:35 Tue 3:05-9:35 Wed-Thu 9:35
Le temps d'un été (G) Fri-Sun 12:15-7 Mon 7 Tue 12:15-7 Wed-Thu 7
Whitewash (G) Fri-Sun 1:15-3:50-6:50-9 Mon 6:50-9 Tue 1:15-3:50-6:50-9 Wed-Thu 6:50-9

StarCité Gatineau
115 boul. du Plateau

47 Ronin (G) Fri-Sun 2-4:50-7:35-10:20 Mon 7:20-10 Tue 2-4:50-7:35-10:20 Wed-Thu 7:20-10
American Hustle (G) Fri-Sun 1:05-4-7:15-10:30 Mon 7:05-10 Tue 1:05-4-7:15-10:30 Wed-Thu 7:05-10
August: Osage County (G) Fri-Sun 1:20-4:20-7:15-10:10 Mon 7-9:45 Tue 1:20-4:20-7:15-10:10 Wed-Thu 7-9:45 Star & Strollers Screening Thu 1:30
Devil's Due (13+) Fri-Sun 1:10-3:30-5:50-8:10-10:30 Mon 7:35-9:50 Tue 1:10-3:30-5:50-8:10-10:30 Wed-Thu 7:35-9:50
The Hobbit: The Desolation of Smaug 3D (G) Fri 3:40-7-10:25 Sat 12:15-3:40-7-10:25 Sun 3:40-7-10:25 Mon 8:30 Tue 3:40-7-10:25 Wed-Thu 8:30
The Hunger Games: Catching Fire (G) Fri-Sun 1:05-4:10-7:20-10:30 Mon 6:55-10 Tue 1:05-4:10-7:20-10:30 Wed-Thu 6:55-10
I, Frankenstein 3D (G) Fri 3:05-5:30-8-10:30 Sat 12:50-3:05-5:30-8-10:30 Sun 3:05-5:30-8-10:30 Mon 7:30-10 Tue 3:05-5:30-8-10:30 Wed-Thu 7:30-10
Il était une fois les boys (G) Fri 2:40-5:15-7:50-10:25 Sat 12-2:40-5:15-7:50-10:25 Sun 2:40-5:15-7:50-10:25 Mon 6:55-9:30 Tue 2:40-5:15-7:50-10:25 Wed-Thu 6:55-9:30
Jack Ryan: Recrue dans l'ombre (13+) Fri 2:30-5:05-7:40-10:15 Sat 12-2:30-5:05-7:40-10:15 Sun 2:30-5:05-7:40-10:15 Mon 7:15-9:45 Tue 2:30-5:05-7:40-10:15 Wed-Thu 7:15-9:45 Thu 1
Jack Ryan: Shadow Recruit (13+) Fri 2:45-5:20-7:55-10:30 Sat 12:10-2:45-5:20-7:55-10:30 Sun 2:45-5:20-7:55-10:30 Mon 7:30-10 Tue 2:45-5:20-7:55-10:30 Wed-Thu 7:30-10
Lone Survivor (13+) Fri-Sun 1:40-4:40-7:40-10:30 Mon 7:10-10 Tue 1:40-4:40-7:40-10:30 Wed-Thu 7:10-10
Moi, Frankenstein 3D (G) Fri 2:50-5:15-7:45-10:15 Sat 12:30-2:50-5:15-7:45-10:15 Sun 2:50-5:15-7:45-10:15 Mon 7:15-9:45 Tue 2:50-5:15-7:45-10:15 Wed-Thu 7:15-9:45
Opération noisettes (G) Fri 1:15 Sat 11-1:15 Sun 1:15 Tue 1:15
Opération noisettes 3D (G) Fri-Sun 3:30-5:45-8-10:15 Mon 7:30-9:45 Tue 3:30-5:45-8-10:15 Wed-Thu 7:30-9:45
La reine des neiges (G) Fri 1:30 Sat 11-1:30 Sun 1:30 Tue 1:30
La reine des neiges 3D (G) Fri-Sun 4:05-7 Mon 7 Tue 4:05-7 Wed-Thu 7
Ride Along (13+) Fri 2:50-5:20-7:50-10:20 Sat 12:20-2:50-5:20-7:50-10:20 Sun 2:50-5:20-7:50-10:20 Mon 7:30-9:55 Tue 2:50-5:20-7:50-10:20 Wed-Thu 7:30-9:55
Les Schtroumpfs (STC) Sat 11
Le seul survivant (13+) Fri-Thu 9:45
The Smurfs (STC) Sat 11
The Wolf of Wall Street (16+) Fri-Sun 1:15-5-8:45 Mon 8:45 Tue 1:15-5-8:45 Wed-Thu 8:45

Barrhaven Cinemas
131 Riocan Dr.

American Hustle (14A) Fri 6:35-9:35 Sat-Sun 12:20-3:30-6:35-9:35 Mon-Thu 4:40-7:35 Star & Strollers Screening Thu 1
Frozen (G) Sat-Sun 1:30
Frozen 3D (G) Fri 6:40 Sat-Sun 4:10-6:40 Mon-Thu 4:30
The Hobbit: The Desolation of Smaug 3D (PG) Fri 6:15-9:40 Sat-Sun 11:30-2:55-6:15-9:40 Mon-Thu 6:50
I, Frankenstein 3D (PG) Fri 7:35-10:15 Sat-Sun 12:25-2:50-5:15-7:45-10:15 Mon-Thu 5:20-7:45
Jack Ryan: Shadow Recruit (PG) Fri 7:25-10 Sat-Sun 11:40-2:15-4:50-7:25-10 Mon-Thu 4:50-7:20
Lone Survivor (14A) Fri 7-9:55 Sat-Sun 1-4-7-9:55 Mon-Thu 4:45-7:40
The Nut Job (PG) Sat-Sun 12:30-2:45 Star & Strollers Screening Thu 1
The Nut Job 3D (PG) Fri 7:15-9:45 Sat-Sun 5-7:15-9:45 Mon-Thu 5:15-7:30
The Smurfs (G) Sat 11
The Wolf of Wall Street (18A) Fri-Sun 9:20 Mon-Thu 7

SilverCity Gloucester
2385 City Park Dr.

12 Years a Slave (14A) Fri-Tue 12:40-3:40-6:50-9:55 Wed 4-7:10-10:15 Thu 12:40-3:40-6:50-9:55 Star & Strollers Screening Wed 1
American Hustle (14A) Fri-Thu 12:50-3:50-7-10:20
Anchorman 2: The Legend Continues (PG) Fri-Sat 2:15-5:05-7:55-10:40 Sun 1:25-4:25-10:40 Mon-Tue 2:15-5:05-7:55-10:40 Wed 2:15-5:05-10:40 Thu 2:15-5:05-7:55-10:40
August: Osage County (14A) Fri-Tue 1:20-4:20-7:15-10:15 Wed 4:20-7:15-10:15 Thu 1:20-4:20-7:15-10:15 Star & Strollers Screening Wed 1
Devil's Due (14A) Fri 1:40-4-6:10-8:25-10:50 Sat 11:20-1:40-4-6:10-8:25-10:50 Sun-Thu 1:40-4-6:10-8:25-10:50
Frozen (G) Fri-Thu 12:10
Frozen 3D (G) Fri-Thu 2:40-5:15-7:50
Giselle From the Royal Opera House (STC) Mon 7 Her (14A) Fri-Thu 1:30-4:40-7:30-10:40 The Hobbit: The Desolation of Smaug 3D (PG) Fri-Thu 11:55-3:30-7:10-10:50
The Hunger Games: Catching Fire (PG) Fri-Sat 12:30-3:55-7:25-10:40 Sun 12:30-3:55-7:25 Mon-Wed 12:30-3:55-7:25-10:40 Thu 12:30-3:55-10:40
I, Frankenstein 3D (PG) Fri-Thu 12:05-2:30-4:50-7:20-9:50
I, Frankenstein: An IMAX 3D Experience (PG) Fri-Thu 12:55-3:20-5:45-8:15-10:45
Jack Ryan: Shadow Recruit (PG) Fri-Thu 12-2:25-5-7:40-10:10
Lone Survivor (14A) Fri-Sun 1:15-4:05-7:05-10 Mon 1:15-4:05-10:30 Tue 1:15-4:05-7:05-10 Wed 1:15-4:05-10 Thu 1:15-4:05-7:05-10
National Theatre Live: Coriolanus (STC) Thu 7
The Nut Job (PG) Fri 1:10 Sat 11-1:15 Sun 1:15 Mon-Tue 1:10 Wed 12:20-8 Thu 1:10
The Nut Job 3D (PG) Fri-Tue 3:25-5:40-8-10:10 Wed 2:35-5-10:10 Thu 3:25-5:40-8-10:10
Ride Along (14A) Fri-Thu 12:35-3:15-5:55-8:30-10:55
Saving Mr. Banks (PG) Fri-Thu 10:20
The Smurfs (G) Sat 11
The Wolf of Wall Street (18A) Fri-Thu 12:45-4:45-8:45
WWE Royal Rumble - 2014 (STC) Sun 8

Landmark Theatres Orleans 6 Cinemas
3752 Innes Rd.

American Hustle (14A) Fri 3:10-6:20-9:30 Sat-Sun 12-3:10-6:20-9:30 Mon 6-9:10 Tue 12-3:10-6:20-9:30 Wed-Thu 6-9:10
August: Osage County (14A) Fri 3:20-6:40-9:45 Sat-Sun 12:10-3:20-6:40-9:45 Mon 6:10-9:20 Tue 12:10-3:20-6:40-9:45 Wed-Thu 6:10-9:20
Devil's Due (14A) Dolby Stereo Fri-Sun 4:15-7-9:20 Dolby Stereo Mon 6:50-9:35 Dolby Stereo Tue 4:15-7-9:20 Dolby Stereo Wed-Thu 6:50-9:35
Frozen (G) Fri-Sun 3:50 Tue 3:50
Frozen 3D (G) Fri 6:45 Sat-Sun 1-6:45 Mon 6:45 Tue 1-6:45 Wed-Thu 6:45
The Hobbit: The Desolation of Smaug 3D (PG) Fri-Thu 9
I, Frankenstein (PG) Fri-Sun 4:20 Tue 4:20
I, Frankenstein 3D (PG) Fri 7:20-10 Sat-Sun 1:30-7:20-10 Mon 7-9:45 Tue 1:30-7:20-10 Wed-Thu 7-9:45
Jack Ryan: Shadow Recruit (PG) Fri 3:30-6:30-9:10 Sat-Sun 12:50-3:30-6:30-9:10 Mon 6:30-9:15 Tue 12:50-3:30-6:30-9:10 Wed-Thu 6:30-9:15
Lone Survivor (14A) Fri 3:40-6:50-9:50 Sat-Sun 12:40-3:40-6:50-9:50 Mon 6:20-9:30 Tue 12:40-3:40-6:50-9:50 Wed-Thu 6:20-9:30
The Nut Job (PG) Fri-Sun 3 Tue 3
The Nut Job 3D (PG) Fri 6:10-9:40 Sat-Sun 12:30-6:10-9:40 Mon 6:40-9:40 Tue 12:30-6:10-9:40 Wed-Thu 6:40-9:40
Opération noisettes (PG) Sat-Sun 1:20 Tue 1:20
Ride Along (14A) Dolby Stereo Fri 4:10-7:10-9:55 Dolby Stereo Sat-Sun 1:10-4:10-7:10-9:55 Dolby Stereo Mon 6:15-8:45 Dolby Stereo Tue 1:10-4:10-7:10-9:55 Dolby Stereo Wed-Thu 6:15-8:45
The Wolf of Wall Street (18A) Fri 4-7:45 Sat-Sun 12:20-4-7:45 Mon 7:15 Tue 12:20-4-7:45 Wed-Thu 7:15

2014's television takeover

We're calling it. These are the actors destined for small screen stardom this year and the shows you won't be able to turn off. Get to know them.

ALEXANDRA CAVALLO
Metro World News

Jonathan Groff

Where he's been:
Remember Jesse St. James from Glee? He was the cocky (and cute!) lead of Vocal Adrenaline, New Directions' biggest singing rivals in Season 1. He pretended to like Rachel to get close to the group and take them down from the inside. He eventually ends up egging her in a parking lot. Not cool, bro.

Where he's going:
Groff stars as one of the three male leads on HBO's Looking (premieres this Sunday), a new drama-comedy about a group of gay friends in San Francisco, à la Girls but, you know, with guys. He's still really cute.

David Walton

Where he's been:
Walton starred as the rakish and incorrigibly irresponsible Vance on NBC's short-lived (but actually, rather well-done) 2010 sitcom, Perfect Couples. He stole the show. More recently, he had a recurring role on New Girl as Jess's goofy love interest, Dr. Sam.

Where he's going:
They're making a television adaptation of Nick Hornby's 1998 novel About a Boy. It was also adapted into an awesome Hugh Grant movie in 2002. The story is the same: Walton will star as rakish and incorrigible bachelor and man-child Will Freeman, an independently wealthy and totally self-involved guy whose life is turned upside down when he meets a weird young boy and his kooky mother. About a Boy debuts on NBC on February 25.

Enlisted

Why: This buddy comedy about three military brat brothers — a star soldier, an authority-resistant slacker and an earnest but incompetent f.-up — features a motley crew of characters quirky enough to keep storylines fresh. Plus, the slacker bro is played by Chris Lowell (of Veronica Mars) who recalls an early-days Jim Halpert and seems destined for bigger things.

When: Now! Premiered January 10 on Fox.

Greg Kinnear

Where he's been:
OK, OK, you know where he's been. Kinnear is not exactly a fresh face, seeing as he's a big-ass movie star — As Good as It Gets, Little Miss Sunshine, You've Got Mail, just to name a few — but he's never before starred on the small screen.

Where he's going:
That's about to change, because Kinnear is set to star in Fox's new comedy Rake, as Keegan Deane, a self-destructive criminal defence lawyer whose career, personal life and finances are in the toilet. An adaptation of an Australian legal drama, Rake paints Deane in a less bleak light (apparently the original was pretty dark), probably because it's difficult not to be charmed by Kinnear.

Sasheer Zamata

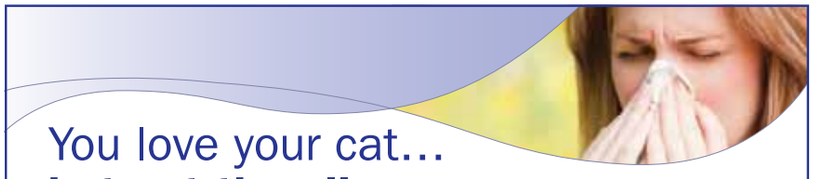
Where she's been:
A regular performer with Upright Citizens Brigade, the comedian has appeared in various sketches on fellow comedians' shows, including Totally Biased with W. Kamau Bell and Inside Amy Schumer.

Where she's going:
The funny lady was just hired as the newest cast member on Saturday Night Live and the first black female cast member since biracial SNL alum Maya Rudolph left the show way back in 2007. It's about time. We have high hopes for Zamata, who, if the sketches we've watched are any indication, has the comedy chops to shake up a show that many feel has become tired and a bit rote.

The Spoils of Babylon

Why: Um, why not? This new spoof of "epic TV miniseries adaptations" has a cast so good, we'd watch them do just about anything. Stars include Kristen Wiig, Will Ferrell, Haley Joel Osment (he sees funny people!), Val Kilmer, Tim Robbins and many more.

When: Now! Premiered January 9 on IFC.



You love your cat…
but not the allergy

Cat allergy symptoms such as **itchy and watery eyes, sneezing and stuffy nose** can make you feel miserable. If you have tried different treatments with little or no relief, there may be another option for you.

Local doctors are conducting a research study of an investigational treatment to see if it helps reduce the symptoms associated with cat allergy. If you are between the ages of 12 and 65 and have experienced cat allergy symptoms for at least two years you may qualify.

Qualified participants will receive all study related exams and study medication at no cost. Compensation for time and travel may be available.

For more information, please call
613-599-5700 ext. 23
or email kanataallergy@gmail.com

CATALYST
The cat allergy study
www.thecatallergystudy.com

Cult favourite: The Following

Q&A. Shawn Ashmore talks serial killers, sweaty palms and the appeal of horror TV

ALEXANDRA CAVALLO
Metro World News in New York

Shawn Ashmore plays a police officer on The Following, a character this Metro writer initially found 'creepy.' CONTRIBUTED

The Following has so much more going for it than six degrees of star power (Kevin Bacon is the lead). The creepy-as-hell crime thriller about a serial killer and cult leader with legions of murderous devotees scares up all kinds of drama.

We spoke with Shawn Ashmore, who plays Bacon's fellow cop Mike Weston.

What drew you to this project? Are you really into horror movies?
I'm definitely a fan of horror films and genre films. The best horror films, at least in my opinion, are the ones that create great characters for the first hour and then deliver on the scares.

I love slow-burn storytelling when it comes to horror films. All of these things kind of came together and made me realize that this was a show that I would probably watch and something that I would want to be a part of.

I feel like there is a trend right now in dark TV, horror shows and the like. What do you attribute that to?
There's an audience for horror films, so certainly there will be an audience, especially when well done, for horror television.

And horror films tend to do really well at the box office, because I think people want to be scared; there is something fun about sitting in a movie theatre or sitting at home with the lights out and your pulse racing and your palms sweating.

I can't think of any other type of entertainment that physically involves you and stimulates you as much as horror stuff, as genre stuff — like when you can't stand to watch the TV, when you have a tingle running up your spine.

And when you turn the episode off and you go and double-check that your front door is locked because there might be a follower outside, you know what I mean? That's the effect of entertainment.

On serial killers

"The ones that are most successful are the best manipulators, the most handsome, the best liars, the most charming, all those things."
Shawn Ashmore, who plays cop Mike Weston on The Following

Do you ever find yourself bringing your work home with you? Hearing bumps in the night, or getting scared when you're home alone because your mind is on the show?
No. The stuff that scares me is all supernatural stuff, ghosts, possessions. Obviously the idea of someone breaking into my house and murdering me is terrifying, but I feel like I could protect myself to a certain extent from something like that.

So, really, it's the unknown that scares me the most. It's the supernatural. The second I finished the pilot, after doing a ton of research on serial killers and stuff like that, I did install an upgraded security system in my house, so I can't say that it had no effect on me, but yeah, it's not something I really get freaked out about.

Do you have a favourite serial killer now?
I won't say favourite, but I did watch a ton of documentaries on YouTube.

I spent days watching. The one serial killer that got under my skin the most was Jeffrey Dahmer. He was just so evil. They all are. I mean if you commit those kinds of crimes... These people were committing acts that — in my mind — I can only explain as evil. But Dahmer was one that really freaked me out.

I watched an interview with him once, when he was in jail, and what was scariest about him, to me, was that he seemed very charming and personable.
Some people have discussions about Joe Carroll (from The Following): You know, he's too handsome and blah blah blah.

Serial killers are most effective when they're charming and handsome because they're chameleons. That's why they're successful, because you don't see them coming. I mean if you see a guy that looks like a madman running around, the second you see him, your guard is up, and those are the guys that get caught right away.

I think that's why we have this fascination with serial killers: because we want to be able to stop them and see them coming. But if they're good at what they do, if they don't fit that profile, that's what's scary.

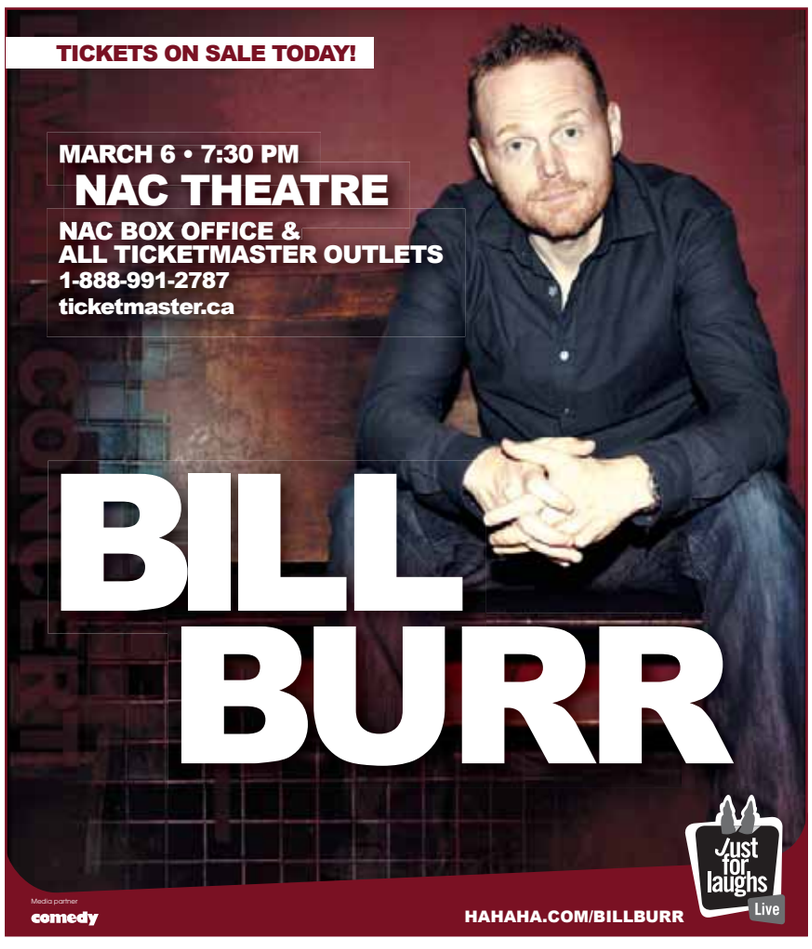
In the beginning of the first season, I remember thinking that your character was going to end up being one of the bad guys, because you were such a creep.
(Laughs) Did you just say creep?

Yeah. I got a really creepy vibe from your character, initially.
It boggles my mind because that was never a discussion, never a planned thing. We did the (Television Critics Association press tour) last year, which is the first time we did press and the first question anyone ever directed at me — this lady was like, "Weston is kind of this creepy character...." And I was like, "What?" I was kind of taken aback. Because we're not trying to play him creepy; never has the discussion been about that.

What I realized is how effective the pilot was. (Show creator Kevin) Williamson created this storyline and planted the seed that anyone could be a follower. And that's also when I knew this show was going to be really popular, because that means that people are turning off their TVs and creating the story afterwards.

Where to watch

Episode 2 of the second season of The Following airs Monday, Jan. 27, at 9 p.m. ET on CTV.



Grammys forecast is the usual mixed bag

Rapper LL Cool J will once again host the Grammys. GETTY IMAGES FILE

Stunning with a heavy chance of excruciating. The awards show always throws up a whole load of talent and the odd mismatch on stage

PAT HEALY
Metro World News

When the 56th annual Grammy Awards air on Sunday night, the last thing millions of viewers will be focused on is the awards themselves. What makes the Grammys are the performances. The programmers know this, which is why in recent years they have featured fewer trophy presentations during the televised portion of the ceremony and more of their odd-ball pairings of performers. The results often vary from stunning to excruciating, which is why we always tune in. Here's what to look out for on Sunday night.

LL Cool J

LL is back for his third consecutive year as the host, and if the previous years are any indication, he also swings wildly between cringe-worthy — actually saying the phrase "hash tag" in front of everybody's name he mentions like a verbal tweet — and amazing, kicking it old school at the end of last year's ceremony with Chuck D, DJ Z-Trip, Tom Morello and Travis Barker. Also, if you're looking for a Grammys drinking game, if you take a drink after every time the host licks his lips, you'll be wasted before a single note-worthy award is given.

Pharrell Williams

The producer had his hand in two of 2013's mega hits, Robin Thicke's Blurred Lines and Daft Punk's Get Lucky, the latter of which he'll perform with everybody's favorite helmeted Frenchmen. With Nile Rodgers and Stevie Wonder also joining in this jam, you can feel it all over, especially as it's rumoured they'll go into Stevie's classic, Sir Duke. It will also be very surprising if you don't see Pharrell at the podium to accept an award at least once. He's nominated for seven of them!

Robin Thicke and Chicago

You guys remember Robin Thicke from the Video Music Awards? He was the one guy that Miley grinded on who wasn't dressed like a giant stuffed animal. Anyway, he's being given another shot at awards show glory, and this time he's sharing the stage with the legendary nine-piece horn outfit Chicago.

Imagine Dragons and Kendrick Lamar

One of the worst moments in Grammy history happened in 2006, when Linkin Park, Jay Z and Paul McCartney tried to create popular mashups that featured their music.

At that point, mashups were pretty much brand new and musicians were still figuring out how to accompany rappers. Eight years later, hip-hop and rock fit much more naturally, so when Imagine Dragons play their Record of the Year nominee, Radioactive — as Kendrick Lamar raps over it with Swimming Pool, from his Album of the Year nominee, Good Kid, M.A.A.D. City — it has serious potential.

Big sloppy rock ending

There's also no star in an all-star jam. It's kind of like an adaptation of the slogan "there's no I in team." But in this instance it's not necessarily because of the giant egos on stage as it is the fact that when a ton of people plug in instruments and play together, it's just a mess. Earlier this week it was announced that Dave Grohl was curating the finale for the Grammys, which includes Nine Inch Nails, Queens of the Stone Age and Lindsey Buckingham of Fleetwood Mac.

Jay Z and Beyoncé

Yes, this will be beautiful, but wouldn't it be sublime if hip-hop's royal couple silently acted out a dramatic scene while Lorde performed her multiple nominee Royals? Seriously, think about how much that "you can call me Queen Bey" part would resonate.

Mind the App

The Wordeo on the street

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

Wordeo
iPhone
Free

Better than emoticons? Wordeo matches videos to your messaged words, using stylish fonts and energetic music for a visual poetry you can share across Facebook and Twitter with a link.

Video game review

Name. Assassin's Creed: Liberation HD

For. PlayStation 3/Xbox 360/PC

Rated. Mature 17+

Aveline de Grandpré is a Lady Assassin of mixed race living during the New Orleans slave trade of 1765. She wears a dress and carries a poison parasol when she wants to be seen and leaps across rooftops in a tunic and arm blade when she does not. A bullwhip and a third disguise help her rescue slaves, but only as background activity to very confusing conspiracies. Glitches make it a difficult game to finish, wasting away much of the creativity that otherwise makes Aveline a thrilling heroine to play. **KRIS ABEL**

3 Songs for the weekend

SOUND CHECK
Alan Cross
scene@metronews.ca

A soul singer, a Eurovision contestant and something that is not a song (but you should check it out anyway)

Love Me Again/John Newman

Is this guy the male Amy Winehouse? I don't mean in terms of personal demons, but in the way this guy's got soul. Fantastic!

My Lesbian Girl/Sasha Bognibov

Eurovision, the continent-wide talent show, is once again underway. Sasha Bognibov, known for such songs as Do You Like My Sexy Lips, is back for another go. If The X Factor was more like this, I'd watch.

World's longest echo/Some oil storage tanks in Scotland

Not a song, but a fascinating piece of audio nonetheless. A single blank pistol shot echoed in these storage tanks for a full one minute and 12 seconds, a new world record.

Television

Homeland can miss the realism mark, ex-CIA operative says

Former CIA operative Valerie Plame has a mixed opinion of Showtime's spy drama Homeland.

Plame said Wednesday the Emmy Award-winning TV series is a compelling drama and that star Claire Danes is "fabulous" as a CIA operations officer.

But Plame told a TV critics' meeting it's not credible that the character's bipolar disorder would go unnoticed. She says the depiction of cellphone use inside CIA headquarters is another gaffe, since the phones are not secure and can be traced.

Plame left the CIA after her covert identity was compromised by information leaked to a newspaper columnist in 2003.

She is among those featured in the PBS documentary series Makers: Women Who Make America, airing later this year.

THE ASSOCIATED PRESS

Lady Gaga ALL PHOTOS: GETTY IMAGES

Big money lawsuits, just another day being Gaga

Lady Gaga is trying to keep some things secret, particularly a settlement with a former producer, which she's vying to have sealed, according to Radar Online.

Producer and ex-boyfriend Rob Fusari filed a $30.5 million lawsuit against Gaga in 2010, claiming he helped transform Stefani Germanotta into the pop star she is today. The suit was settled out of court, with the details of the settlement sealed at the time, but now Fusari is being sued by another producer, Wendy Starland, who claims she also helped discover Gaga, and the discovery phase of that suit could unseal the documents from the first suit. "In 2010, Germanotta entered into a confidential settlement agreement with Rob Fusari and Rob Fusari Productions, resolving certain disputes, unrelated to the instant action, that had arisen between them," Gaga's lawyer writes in the filing. "These documents include highly sensitive financial information that could inflict significant professional and competitive harm upon Germanotta if disclosed."

Mariah and hubby want to be Roc and Roe stars

Mariah Carey and Nick Cannon are working on a children's book. Scholastic announced Thursday that it has acquired the couple's Roc and Roe's Twelve Days of Christmas, a picture story scheduled for release this fall. Illustrated by A.G. Ford, the book is a holiday tale featuring twins Moroccan and Monroe, to whom Carey gave birth in 2011. Scholastic is billing the book as an "adorable" take on a famous Christmas carol.

Mariah Carey

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Good Lorde! Taylor really is BFFs with just about everyone

MELINDA TAUB
Metro World News

Is there anyone Taylor Swift isn't BFFs with? She hangs out with everyone from sitcom stars like Sarah Hyland from Modern Family and to indie darlings like Lena Dunham to fellow pop stars like Selena Gomez. And now, apparently, she's added Lorde to her collection.

In a Rolling Stone profile, Lorde says she often texts Taylor for advice, even about something as minor as which knickknack to buy for her home. "Taylor's supergood at this stuff," the Royals singer says. "She's decorated her own houses for ages." The two young stars weren't always so lovey-dovey — Lorde once told a reporter that she thought Swift was a bad influence. "Taylor Swift is so flawless, and so unattainable, and I don't think it's breeding anything good in young girls (who might think) 'I'm never going to be like Taylor Swift, why can't I be as pretty as Lorde?' That's bulls.," she said.

So how did the two end up BFFs? Because Taylor's a class act, pretty much, and sent Lorde a bouquet of roses when Royals hit No. 1. "I was floored," Lorde admits. Is there anyone Taylor can't win over? I really think she is laying the groundwork for a major showbiz power grab, backed by her cadre of female starlets of every stripe. And I could not love it more.

Shia LaBeouf

LaBeouf is misunderstood guys, seriously it was all art

In case anyone was curious, Shia LaBeouf's plagiarism drama, and the cavalcade of attempted online apologies that followed, was just "metamodernist performance art," the actor explained in a pair of lengthy and quickly deleted online postings. "All art is either plagiarism or revolution," he wrote. "My use of Twitter started a broad cultural discussion that needs to be had about plagiarism in the digital age and celebrity, social media absurdity. Intentionally oscillating between hope and doubt, sincerity and irony, knowingness and naivety, construction and deconstruction. I addressed the world." Got it.

Twitter

@billmaher
American Exceptionalism? While we congratulate ourselves for pot, Uruguay legalized growing/sale/smoking as state run — that's exceptional!

@josswhedon
Dance like nobody's watching — psych! We were all watching. where did u learn those dope moves we're insecure now

@JohnStamos
You ever have those days when you think you're getting a lot done — but really just shuffling stuff around ?

Read metro work every Monday and Wednesday for tips and trends in education and employment.

Only in Metro. News worth sharing.

ESP Psychic Fair and Holistic Wellness Show
JANUARY 24, 25, 26
CLAIRVOYANCE
PALMISTRY
PAST LIVES
ASTROLOGY
TAROT CARDS
MEDIUM
AURAS
NUMEROLOGY
HEALING
CRYSTAL BALLS
TEA CUPS
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Fri & Sat 11am-10pm • Sun 11am-7pm
Admission $6 $5 with this ad Free Gemstone!
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Tuesday's THE ROMANCE STORE
1239 Wellington St West at Holland
613-761-6060
Online at tuesdaystheromancestore.ca

Liquid Assets

Toast Burns and blends

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

Though not on par with Robert Burns, Anchorman Ron Burgundy's quote, "I love scotch, scotchy, scotch, scotch" is poetry to whisky lovers. Not like scotch needs celebrity endorsement. It's been rocking the spirit world for centuries with a cult of collectors who talk up their inventory numbers with the same relish that a tweeter does followers. And it continues to gain new members.

While single malts (made at a single distillery, in a pot still, from only malted barley) get attention because of big flavours, a scotch producer confessed to me that he felt "the art was really in the blend." Created from a combo of grain and malted whiskies, blends offer a rounded alternative to the aggressiveness of single malts.

Those looking for a tipple to toast Robbie Burns' 255th birthday this weekend might consider The Famous Grouse (750 ml, $28.05 - $29.99), the most popular blended whisky in Scotland. Smooth and lightly malted, its blend includes heavy weight single malts, The Macallan and Highland Park.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

This recipe serves eight. MATTHEW MEAD/ THE ASSOCIATED PRESS

TOTAL TIME 30 MINUTES

Snack collision: Buffalo wings and nachos

Party food. These two classics team up for big and bold flavour

1. Heat the oven to 400 F. Line a rimmed baking sheet with foil and coat with cooking spray.

2. To make the buffalo sauce, in a medium saucepan over medium heat, combine the RedHot sauce, barbecue sauce and butter. Heat, stirring, until the butter is melted and thoroughly blended. Set aside.

3. Remove all of the meat from the chicken, cut into bite-sized pieces and place in a large bowl. Pour the buffalo sauce over the chicken, then toss well to coat. Set aside.

4. Spread the tortilla chips in an even layer over the prepared baking sheet. Sprinkle the cheddar cheese evenly over the chips. Using tongs or a fork, spread the chicken evenly over the cheese and chips.

5. In a small bowl, toss together the Mexican-style cheese and the blue cheese, then sprinkle evenly over the chicken. Top with the olives and scallions. Bake for 10 to 15 minutes, or until the cheese is melted and just starting to brown. Serve with salsa and sour cream.

THE ASSOCIATED PRESS

FLASH FOOD

From your fridge to your table in 30 minutes or less

Ingredients

- 1/2 cup Frank's RedHot Sauce
- 1/4 cup barbecue sauce
- 1/4 cup butter
- 2-lb rotisserie chicken
- 7 1/2 oz tortilla chips
- 8 oz each grated cheddar cheese, Mexican-style shredded cheese
- 1/2 cup crumbled blue cheese
- 3.8-oz can sliced black olives
- 1 bunch scallions, sliced
- Salsa, to serve
- Sour cream, to serve

Seven levels of potato skin heaven

1. Heat oven to 400 F. Line rimmed baking sheet with foil, then coat with cooking spray.

2. Poke potatoes all over with a fork. Microwave on high until tender, 12 minutes depending on the wattage of microwave. Cool until easily handled.

3. Meanwhile, in skillet over medium, heat 1 tablespoon of oil. Add onions and cook until softened, 15 minutes.

4. When potatoes cool, cut them in half. Scoop out and reserve insides, leaving a 1/4-inch-thick wall of potato flesh on the skin. Arrange halves skin sides down on prepared baking sheet. Brush with remaining tablespoon of oil. Sprinkle with salt and black pepper, then bake for 15 to 20 minutes, or until crisped and browned.

5. Meanwhile, in bowl stir reserved potato flesh and sausage. Season with salt and pepper, if needed. In bowl, stir the sour cream and garlic. Set aside.

6. Once potato skins have baked, start layering. Spoon a bit of caramelized onions into bottom of each shell. Top with the sausage-potato mixture. This should mostly fill the shell. Sprinkle crumbled bacon over the potatoes, followed by cheese. Bake for another 10 minutes. Top with a dollop of the garlic sour cream and sprinkle with the scallions. Serve. THE ASSOCIATED PRESS

Ingredients

- 8 medium potatoes
- 2 tbsp vegetable oil, divided
- 2 large yellow onions, diced
- Salt and ground black pepper
- 8 oz loose sausage meat, cooked and crumbled
- 1/2 cup sour cream
- 2 cloves garlic, minced
- 8 slices cooked bacon, crumbled
- 1 cup shredded cheddar cheese
- 2 scallions, sliced

This recipe serves 16. MATTHEW MEAD/ THE ASSOCIATED PRESS

CONTRIBUTED

EXAMINE THE TRUE STORIES OF SLAVES

ONE NOBLE JOURNEY AT SHENKMAN

In his riveting one-man show One Noble Journey: A Box Marked Freedom, documentary-theatre playwright and actor Mike Wiley portrays 20 characters, examining the true stories of three slaves who overcame seemingly insurmountable odds to gain a life of freedom.

Wiley becomes Henry (Box) Brown, a Virginia slave who, following the separation and resale of his wife and children, mails himself to freedom in a small crate. Brown's life unfolds like a Mark Twain adventure, perilous and sombre at times, while humorous and heroic throughout.

Wiley also recounts the daring and miraculous quest for freedom of Ellen Craft and her husband William, who were born into slavery in Georgia. Ellen, who was light skinned, disguised herself as a sickly, white gentleman travelling to Philadelphia for medical treatment. Together with William, who acted as her slave throughout the journey, the two travelled on public trains and steamers as they made their way up the eastern U.S. seaboard to Philadelphia while being pursued by slave hunters.

One Noble Journey will be performed at Shenkman Arts Centre Feb. 15, at 2 p.m. The show is appropriate for a mixed-age audience (approximately 12 and older). For tickets, call 613-580-2700.

OSO PRESENTS FIERY, ENERGETIC PROGRAM

The Ottawa Symphony Orchestra (OSO) has a special treat in store for its Feb. 17 concert at the National Arts Centre (NAC).

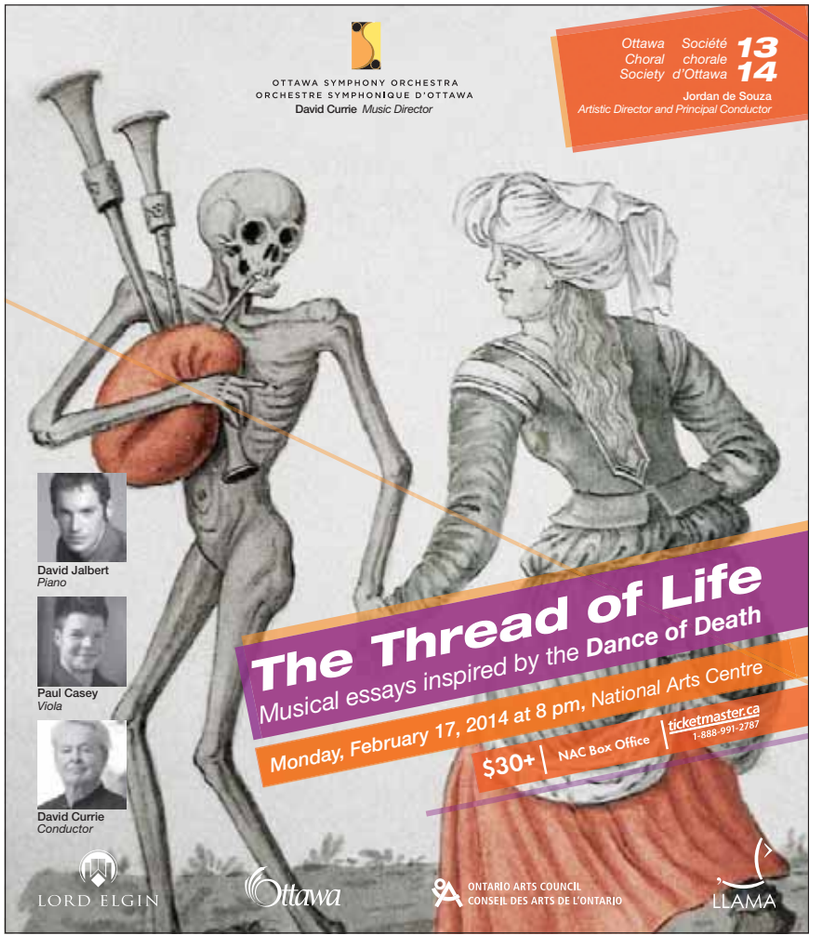
The program includes the ethereal piece Styx by Russian composer Giya Kancheli in a joint performance with the Ottawa Choral Society. The featured soloist will be Paul Casey on viola. The two other works on the program include Totentanz (Dance of Death) by Franz Liszt featuring soloist David Jalbert on piano, and Death and Transfiguration (Tod und Verklärung) by Richard Strauss.

The evening's program reflects both the OSO's prominent role in the National Capital Region's vibrant classical music community, and the artistic sensibilities of David Currie, OSO's conductor and music director. Currie has called Ottawa home since the early 1970s, when he joined the NAC orchestra.

The OSO promotes and develops Canadian talent by employing local and regional musicians, and by featuring Canadian soloists and works. A prime example is Paul Casey — a featured soloist on Feb. 17 — a former member of the Ottawa Youth Orchestra and participant in the OSO's Mentorship Program.

The OSO partners with several local organizations, including the Ottawa Youth Orchestra, the Ottawa Choral Society and the University of Ottawa's School of Music. The OSO will also perform March 24 and May 12.

KATHI ROBERTSON PHOTO



CONTRIBUTED PHOTOS

CENTREPOINTE THEATRE PRESENTS CELEBRATION OF CHINESE CULTURE

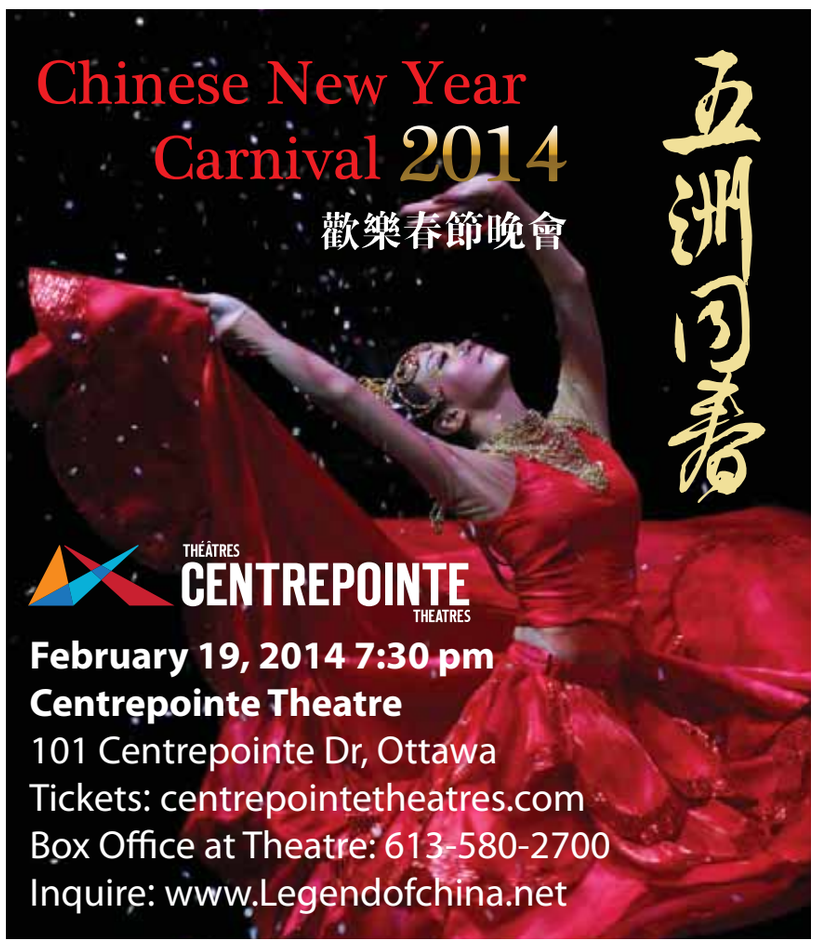
Many of China's top singers, musicians, dancers and acrobats will present a special performance Feb. 19 at Centrepointe Theatre.

The China Carnival Spring Gala celebrates both Chinese culture and the Chinese New Year, which falls on Jan. 31 this year. The gala, produced specifically for international audiences, is a theatrical hybrid of captivating music, dance and acrobatics by some of China's finest artists. Now in its sixth year in Canada, the 2014 gala stops in six Canadian cities.

Each performance puts the spotlight on the traditions of several of the 55 ethnic groups recognized by the government of China, including Han, Uygur, Mongolian, Tibetan, Miao, Yi. The two-hour gala includes a remarkable variety of performances of folk music, dance and acrobatics, along with modern pop music and various combinations. A blend of traditional, classical and modern art, the show combines nobility and elegance with breathtaking passion and energy.

An ideal family outing, the China Carnival Spring Gala performs Feb. 19 at Centrepointe Theatre.

Tickets start at $28 and are available at the Centrepointe's box office and website.



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SOUTHERN COMFORT WILL WARM UP THE CITY

THE WINTER JAZZ FESTIVAL WILL RUN FROM FEB. 14-16

The Blind Boys of Alabama

CAMERON WITTING PHOTO

The Ottawa Jazz Festival is offering up a little southern comfort for those cold February nights. The Blind Boys of Alabama will headline the third edition of the Winter Jazz Festival during its three-day run from Feb. 14-16 in venues big and small throughout the city.

The festival has again renewed its partnership with Winterlude to reprise the highly successful cold-weather music weekend. The Winter Jazz Festival exists to create an environment for creative jazz artists to ply their trade in the so-called off-season and for audiences to satiate their jazz appetites.

"Last year we had a substantial response to the programming for the second Winter Festival," says Ottawa Jazz Festival executive producer Catherine O'Grady. "As this musical interlude in the middle of winter continues to gain momentum year after year, we're working hard to see it grow in profile and in scope."

This year's edition is once again heaped with internationally acclaimed jazz artists. The weekend opens Feb. 14 with three individual concerts, starting with a 5 p.m. performance by Ottawa's own Renée Yoxon, followed by Canadian jazz darlings Christine Jensen and Ingrid Jensen with Ben Monder, and then the Grace Kelly Quintet will close out the evening at the National Arts Centre Fourth Stage.

Meanwhile, at the Brookstreet Hotel, local piano man Mark Ferguson and his quartet featuring John Geggie, Mike Tremblay and Jeff Asselin will perform a special Valentine's Day set in the Options Lounge.

Also on Feb. 14, Matuto brings its distinct Appalachia-gone-Afro-Brazilian sound to the Mercury Lounge, starting at 10:30 p.m.

On Feb. 15, Michael Occhipinti and his Juno-nominated Sicilian Jazz Project will perform, followed by the renowned John Abercrombie Quartet at Library and Archives Canada.

Last, but certainly not least, the soul of Dixie, the Blind Boys of Alabama, perform Feb. 16 at 7 p.m. at Dominion-Chalmers United Church. The gospel group has been reinvigorated after recording its jaw-dropping new record I'll Find A Way under the direction of Justin Vernon of Bon Iver fame.

This year the Winter Festival will borrow a popular feature from its summer counterpart. ARC The.Hotel will host jam sessions Feb. 14 and 15 starting at 10:30 p.m. in the Arc Lounge. Arc The.Hotel will serve as host hotel for the Winter Jazz Festival.

Tickets to festival concerts range from $10 to $55. For more information, or for tickets please, visit ottawajazzfestival.com or call 613-241-2633 (or toll free 1-888-226-4495).

CONTRIBUTED PHOTOS

NAC PRESENTS ASHLEY MACISAAC

RENOWNED CANADIAN FIDDLER TO PLAY NAC THEATRE FEB. 15

NAC Presents loves Canadian music and is truly honoured to showcase Canada's most amazing contemporary singer/songwriters, who plumb the depths of their imagination, skill and life experience, bringing their craft to the national stage.

NAC Presents, in partnership with BMO Financial Group, is the place to be if you want to experience a concert by a Canadian icon, or be right up close with the icons of the future.

Producer Simone Deneau, whose musical taste and keen sense of what's hot in the Canadian music scene, has shaped the fifth NAC's programming stream into one of the most important music series in the country. NAC Presents is where you can see a concert by a Canadian music legend, or be right up close with the icons of the future.

One of those artists NAC Presents is thrilled to be presenting Feb. 15 on the NAC Theatre stage is none other than Ashley MacIsaac, one of Canada's top fiddlers and musical innovators.

Much has been said about the antics of the enfant terrible of the fiddle, but only because he has had international success and notoriety from an early age and grew up under the spotlight as one of the most dynamic fiddlers from Cape Breton, N.S. MacIsaac constantly pushed the traditional styles of Celtic music as he grew up and incorporated rock, pop, and everything imaginable in between.

A renowned fiddle player, piano player and step dancer, MacIsaac has performed in the opening ceremonies at the Vancouver 2010 Winter Olympics and with artists such as Phillip Glass and The Chieftains. MacIsaac also played with

MacIsaac opened for, and played with, The White Stripes during the band's Glace Bay, N.S., concert on The Under Great White Northern Lights Canadian tour, which was turned in to a documentary film.

Joining MacIsaac for what promises to be an evening of high-energy folk/rock/bluegrass fusion are the Abrams Brothers, a duo born into a four-generation touring bluegrass family who have forged a sound that lives somewhere between Americana, country and roots music.

NBA

New faces dot list of all-star starters

Stephen Curry, Kevin Love, Paul George and Kyrie Irving were voted NBA all-stars Thursday, putting four first-time starters in the Feb. 16 game in New Orleans.

Kobe Bryant was elected by fans to his 16th all-star game, second-most in NBA history, but this one is shaping up as a kids' game.

THE ASSOCIATED PRESS

MLB

Yankees' Tanaka talking titles

Masahiro Tanaka chose to play for the New York Yankees because they appreciated him the most among the many major-league teams chasing the prized signature of the star Japanese pitcher.

Mashiro Tanaka
THE ASSOCIATED PRESS

"They gave me the highest evaluation and are a world-famous team." Tanaka said Thursday after agreeing to a $155-million, seven-year deal with the Yankees.

Tanaka said he was "relieved" the deal was done and looked forward to standing on the mound at Yankee Stadium.

Asked what his goal will be, Tanaka's response was direct: "To become world champions."

THE ASSOCIATED PRESS

World Cup bid?

Soccer Canada decides if you can't beat 'em, host 'em

Canada plans to bid to host the 2026 World Cup.

"We're the only G8 nation to not host the World Cup," Canadian Soccer Association president Victor Montagliani said on Thursday. "We've hosted almost every other event.... I think it's time for Canada to step up to the plate."

Canada has hosted FIFA youth tournaments and will stage next year's Women's World Cup.

THE CANADIAN PRESS

SkyHawks host A's at Canadian Tire Centre

The SkyHawks' Eric Kibi draws contact under the rim against the Brampton A's during Thursday night's NBL Canada game at the Canadian Tire Centre. Go to metronews.ca for results and coverage of the game. MIKE CARROCCETTO/FOR METRO

Wick still has fuel to light lamp in Russia

Hockey legend.
Flag-bearer ready to prove doubters wrong in sixth Olympic Games

On her last shift of the Olympic women's hockey final in Vancouver, Hayley Wickenheiser took her eyes off the puck.

"I was actually looking into the stands to see people cheering and take it in. I never did that in any of the other Olympics," she recalls. "I was pretty confident we were going to win. The puck was in the other end."

It sounds like the perfect moment to cap a long, successful career. But it wasn't over for Wickenheiser.

As the 2014 Winter Olympics approach, Wickenheiser is asked relentlessly if her sixth Olympic Games will be her last.

"I don't know and that's the truth," the 35-year-old forward from Shaunavon, Sask., says. "I still love to play. I feel I have lots left in the tank.... There's other things to do in life, but at this point I haven't decided.

"Vancouver was a special experience and something that you'll probably never experience as an athlete again, but being on the ice every day, being in this environment is something I've done for so long. I don't really see myself doing anything else at this point.

Hayley Wickenheiser finished her kinesiology degree at the University of Calgary last year and has applied to medical schools. GETTY IMAGES

"I love to just be an athlete. It's a great lifestyle. You're kind of your own boss. You get to decide what you want to do and make a living at it. It's a good gig."

Wickenheiser's gig includes, so far, five Olympics — four in hockey and one in softball — three Olympic gold medals and a silver, all in hockey and more games (265), goals (166) and assists (204) than any other player in national women's team history.

From the only girl playing midget triple-A in Calgary at 15 to participating in Philadelphia Flyers rookie camps to her forays into the men's pro leagues in Finland and Sweden, Wickenheiser took risks to push her own boundaries and those of her sport. She was the top scorer and MVP at the 2002 and 2006 Olympics. She played with a broken wrist in 2006.

But for the sake of argument, is Wickenheiser still the best female player in the world?

"What's your definition of the best player in the world?" counters Melody Davidson, who coached Wickenheiser to two of her Olympic golds.

"If your definition is a consummate professional, who does everything possible to bring her best game forward every day, then she is."

Knee and back injuries limited her to three games and zero points in last year's world championship in Ottawa, where Canada lost to the U.S.

A lower-body injury sidelined Wickenheiser for chunks of Canada's recent warm-up series against the U.S.

But still, Wickenheiser has bristled at the suggestion the miles are starting to take a toll.

"If I was a male hockey player, we wouldn't be talking about this," she says. "You've got Teemu Selanne who is 42, Chris Chelios played until 47 and I'm 35. I'm young and I've got lots left.

"Yes, you get injured, but the difficult thing is people only see you once or twice a year and not every day like the NHL players. You've got to manage your body as you age as an athlete anyways, but I think I'm as healthy as I've ever been."

THE CANADIAN PRESS

Moving on minus the 'C'

"I'd be lying if I said it didn't hurt.... It's not really going to change anything in the way that I lead or what I do day to day."

Hayley Wickenheiser, who was Canada's captain from 2006 until recently when Caroline Ouellette was chosen as the new captain by head coach Kevin Dineen. Wickenheiser will be an alternate.

4 SPORTS

Genie Bouchard's pops proud of prodigy's play at Australian Open

Tennis. 19-year-old expected to move into WTA top 20 as she returns to Montreal for Federation Cup match

Canadian Eugenie Bouchard listens to a reporter's question after losing to Li Na. SHUJI KAJIYAMA/THE ASSOCIATED PRESS

It was an intense week at the Bouchard household as daughter Eugenie worked her way to the Australian Open semifinals.

"We were yelling like idiots," Mike Bouchard, the player's father, said Thursday of his daughter's stirring win over Ana Ivanovic in the quarter-finals, which made her the first Canadian to reach the semifinals of a Grand Slam tournament since Carling Bassett-Seguso in 1984.

It wasn't quite as frenzied at their Westmount, Que., home two nights later, when Bouchard bowed out with a 6-2, 6-4 loss to fourth-seeded Li Na of China in the semis.

"It was also exciting, but in the first set Li Na came out strong and Genie was a little nervous," he said. "I felt for her, but she came back well in the second set. Overall, it was an excellent tournament."

Bouchard stole the show in Melbourne, where a dozen or so local fans formed Genie's Army to cheer her on and toss her stuffed Australian animals after her wins.

Several commentators spoke of Bouchard, the 2012 Wimbledon junior girls champion, being the next big thing in women's tennis and a potential future Grand Slam tournament winner.

Already, her results are expected to move her from 31st into the top 20 in next week's rankings.

And it has stirred ticket sales for her next appearance on home turf. She will play for Canada against Serbia Feb. 8-9 in a Federation Cup tie at the Claude Robillard Centre in Montreal.

THE CANADIAN PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	49	31	15	3	141	109	65
Tampa Bay	50	29	16	5	146	123	63
Montreal	50	27	18	5	127	125	59
Toronto	52	27	20	5	150	156	59
Detroit	50	22	18	10	127	138	54
Ottawa	50	22	19	9	141	155	53
Florida	50	20	23	7	120	151	47
Buffalo	48	13	28	7	89	137	33

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	50	35	13	2	162	121	72
N.Y. Rangers	52	27	22	3	131	133	57
Philadelphia	51	25	20	6	139	147	56
Columbus	49	25	20	4	143	138	54
New Jersey	51	21	19	11	122	124	53
Washington	50	22	20	8	142	152	52
Carolina	49	21	19	9	120	139	51
N.Y. Islanders	52	21	24	7	147	169	49

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	52	32	8	12	188	144	76
St. Louis	49	33	11	5	171	115	71
Colorado	49	31	13	5	144	127	67
Minnesota	52	27	20	5	125	129	59
Dallas	50	22	20	8	141	152	52
Nashville	51	22	22	7	125	152	51
Winnipeg	51	23	23	5	144	152	51

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	52	37	10	5	177	129	79
San Jose	50	32	12	6	161	123	70
Los Angeles	51	29	16	6	131	108	64
Vancouver	51	26	16	9	129	128	61
Phoenix	50	23	18	9	143	152	55
Calgary	51	17	27	7	114	161	41
Edmonton	52	15	31	6	132	183	36

Note: Two points awarded for a win, one point for an overtime/shootout loss.

Thursday's results
St. Louis at N.Y. Rangers
Carolina at Buffalo
Philadelphia at Columbus
Ottawa at Tampa Bay
Pittsburgh at N.Y. Islanders
Toronto at Dallas
Chicago at Minnesota
Nashville at Vancouver
Los Angeles at Anaheim
Winnipeg at San Jose

Wednesday's results
Calgary 3 Phoenix 2
Carolina 3 Philadelphia 2
Detroit 5 Chicago 4 (SO)
Pittsburgh 5 Montreal 1

Friday's games — All Times Eastern
Ottawa at Carolina (ppd., scheduling)
Washington at New Jersey, 7 p.m.
Colorado at Florida, 7:30 p.m.
Montreal at Detroit, 7:30 p.m.
Nashville at Calgary, 9 p.m.
Phoenix at Edmonton, 9:30 p.m.

Saturday's games
Ottawa at Carolina (from Friday), 12 p.m.
St. Louis at N.Y. Islanders, 1 p.m.
Boston at Philadelphia, 1 p.m.
Colorado at Tampa Bay, 7 p.m.
Toronto at Winnipeg, 7 p.m.
Washington at Montreal, 7 p.m.
Buffalo at Columbus, 7 p.m.
Pittsburgh at Dallas, 8 p.m.
Anaheim at Los Angeles, 9:30 p.m.
Minnesota at San Jose, 10:30 p.m.

Sunday's games
N.Y. Rangers at New Jersey, 12:30 p.m.
Florida at Detroit, 5 p.m.
Winnipeg at Chicago, 7 p.m.
Nashville at Edmonton, 8 p.m.
Phoenix at Vancouver, 8 p.m.

SCORING LEADERS

	G	A	Pt
Crosby, Pgh	26	43	69
Tavares, NYI	23	39	62
Getzlaf, Ana	25	34	59
Kane, Chi	23	35	58
Perry, Ana	27	28	55
Thornton, SJ	6	47	53
Kessel, Tor	26	26	52
Sharp, Chi	26	25	51

Not including last night's games

NFL

PRO BOWL

Sunday's game — All Times Eastern
At Honolulu, Hawaii
Team Sanders vs. Team Rice, 7:30 p.m.

SUPER BOWL XLVIII

Sunday, Feb. 2 — At East Rutherford, N.J.
Denver (AFC) vs. Seattle (NFC), 6:30 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Indiana	33	8	.805	—
d-Miami	30	12	.714	3½
Atlanta	22	19	.537	11
d-Toronto	21	20	.512	12
Chicago	21	20	.512	12
Washington	20	21	.488	13
Brooklyn	18	22	.450	14½
Charlotte	19	25	.432	15½
Detroit	17	25	.405	16½
Cleveland	15	27	.357	18½
New York	15	27	.357	18½
Boston	15	29	.341	19½
Philadelphia	14	28	.333	19½
Orlando	11	32	.256	23
Milwaukee	8	33	.195	25

WESTERN CONFERENCE

	W	L	Pct	GB
d-Oklahoma City	33	10	.767	—
d-San Antonio	32	10	.762	½
Portland	31	11	.738	1½
d-L.A. Clippers	29	15	.659	4½
Houston	29	15	.659	4½
Golden State	26	17	.605	7
Phoenix	24	17	.585	8
Dallas	25	19	.568	8½
Memphis	20	20	.500	11½
Denver	20	20	.500	11½
Minnesota	20	21	.488	12
New Orleans	16	25	.390	16
L.A. Lakers	16	26	.381	16½
Sacramento	15	26	.366	17
Utah	14	29	.326	19

d - division leaders ranked in top four positions

Thursday's results
L.A. Lakers at Miami
Denver at Portland

Late Wednesday's result
Toronto 93 Dallas 85

Friday's games — All Times Eastern
L.A. Lakers at Orlando, 7 p.m.
Toronto at Philadelphia, 7 p.m.
Oklahoma City at Boston, 7:30 p.m.
Dallas at Brooklyn, 7:30 p.m.
New Orleans at Detroit, 7:30 p.m.
San Antonio at Atlanta, 7:30 p.m.
Charlotte at New York, 7:30 p.m.
Milwaukee at Cleveland, 7:30 p.m.
L.A. Clippers at Chicago, 8 p.m.
Memphis at Houston, 8 p.m.
Washington at Phoenix, 9 p.m.
Indiana at Sacramento, 10 p.m.
Minnesota at Golden State, 10:30 p.m.

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Horoscopes

♈ Aries
March 21 - April 20
There is no point being angry about what you have to leave behind. The planets are pointing you in a new direction and urging you to take that first brave step into the unknown.

♉ Taurus
April 21 - May 21
Why are you so excitable? Whatever the reason, you will be on the go from dawn to dusk today. You may need to rest and get your energy back tomorrow but for now you are a ball of energy.

♊ Gemini
May 22 - June 21
You don't have to be especially dynamic today. In fact, if you wait for good things to come your way, they will. Also, your way with words will get what you desire in most situations.

♋ Cancer
June 22 - July 23
Someone will come to you for advice and although you don't want to get involved, you know you can't turn them down. Make sure they know it is only advice. The ultimate responsibility rests with them.

♌ Leo
July 24 - Aug. 23
Honesty is essential if you are to resolve an issue that has been dragging on. That does not only mean you being honest with others, it also means others being honest with you. Encourage them to speak up.

♍ Virgo
Aug. 24 - Sept. 23
You tend to believe in only what you can see and touch. Something will happen today that makes you wonder if there are other forces at work. Can you make them work for you?

♎ Libra
Sept. 24 - Oct. 23
No matter how many brilliant ideas you have, they don't mean a thing unless you do something with them. For too long you've come up with grand plans, now it's time to act.

♏ Scorpio
Oct. 24 - Nov. 22
There is a reason for everything that happens in life — ultimately there is no such thing as luck. Keep that thought in mind today and it will help you keep your feet on the ground.

♐ Sagittarius
Nov. 23 - Dec. 21
Don't take it personally if a friend is overly critical. They are probably more annoyed with themselves than they are with you, but their ego won't let them admit it. They'll make it up to you tomorrow.

♑ Capricorn
Dec. 22 - Jan. 20
You may be desperate to be doing something more exciting but don't get so desperate that you act without thinking. If you do, and make a mistake, it will most likely hit you where it hurts most — in your wallet.

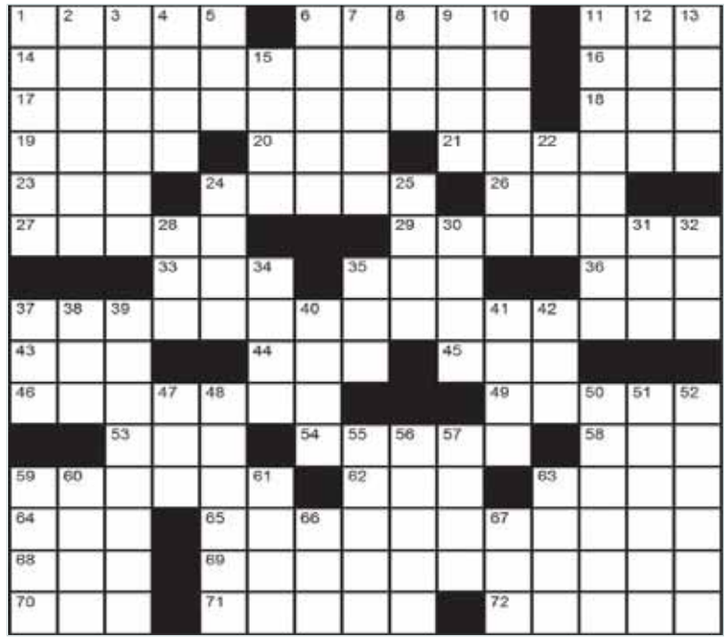
♒ Aquarius
Jan. 21 - Feb. 19
In the eyes of the world, you can do no wrong, so don't worry if you tread on others' toes. Most likely they'll say sorry to you! In every way you are moving faster than everyone.

♓ Pisces
Feb. 20 - March 20
You need to rediscover your passion for a project that started off well but tailed away as other things demanded your time. It doesn't have to be a fantasy that remains unfulfilled. There is still time to make it a success. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



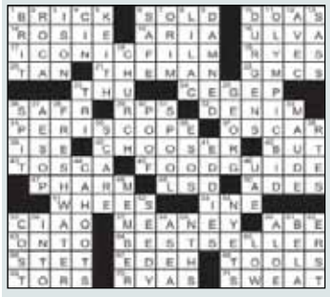
Across

1. Savoury gelatin
6. Motor scooter company
11. Book serial abbr.
14. 'Whale Music' Canadian band
16. Nightfall
17. MMA = Mixed __ __
18. Soak flax
19. City in Quebec
20. Atlantic Can. locale
21. Misters, in Madrid
23. "__, _ insist!"
24. Kiss of the Dragon (2001) star: 2 wds.
26. CBC's The __ James Show
27. "__ __ tired." ...said the exhausted person
29. Big bird
33. Web feed syst. for updates
35. Testing, testing One, __, three...
36. Dove's murmur
37. Canadian History: It was legalized on July 20, 2005: 2 wds.
43. Year: Spanish
44. Tellies
45. Nightfall in verse
46. Potato dumpling
49. Rover
53. Cdn. currency
54. My Own Private __ (1991)
58. Country music's __ Young Band
59. Fates
62. Numero __
63. Ms. Ward
64. Canadian broadcaster Mr. Lewis
65. Louis __ (British naval officer, Prince Charles' great uncle, b.1900 - d.1979)
68. Mr. Chaney Jr.
69. City near Toronto
70. Chang Bunker's equally famous twin
71. Literature's W.B.
72. Really promotes

Down

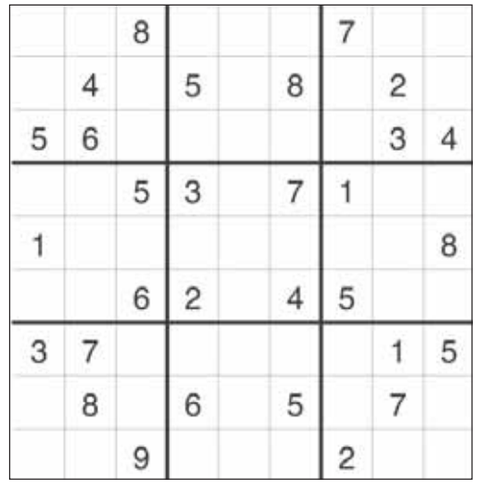
1. Giorgio of fashion design
2. Canadian model/actress Ms. Harlow
3. Licence
4. Scintilla
5. _ _ _: Crime Scene Investigation
6. Parking attendant
7. Internet commerce, _-__
8. __ John A. Macdonald
9. Agent takes, for short
10. Declare to be true
11. Archie Comics character
12. Throughout
13. Net balls
15. Scotch stuff
22. Oslo's li'l locale
24. Ms. Stone of song
25. Cedar Rapids locale
28. Metal-bearing mineral
30. Hurting
31. Wheel part
32. Shed tool
34. Comedy's Mr. Meyers
35. Band-Aid, et al.
37. Decline
38. Journalist Ms. Curry
39. Fad jewellery piece in the 1970s: 2 wds.
40. Nero's 17
41. Casino city
42. Greek Myth: Odysseus' rescuer
47. Ending after . on the Internet
48. Dank
50. Join for company: 2 wds.
51. Make a claim about a crime
52. Singer Ms. Ross, and namesakes
55. Actress Kirsten
56. Pros opposites
57. Goblins
59. Leafy green
60. Shakespeare's river
61. French fabric?
63. Stick around
66. G8 country
67. Mountain __ (Type of tree)

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

4	3	8	7	2	6	1	9	5
5	9	6	1	4	8	2	7	3
2	7	1	9	5	3	8	6	4
7	5	3	8	9	4	6	2	1
9	1	4	6	7	2	3	5	8
6	8	2	5	3	1	7	4	9
1	4	9	3	6	7	5	8	2
3	6	5	2	8	9	4	1	7
8	2	7	4	1	5	9	3	6

Today
-13°/-16°
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40%

Saturday
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